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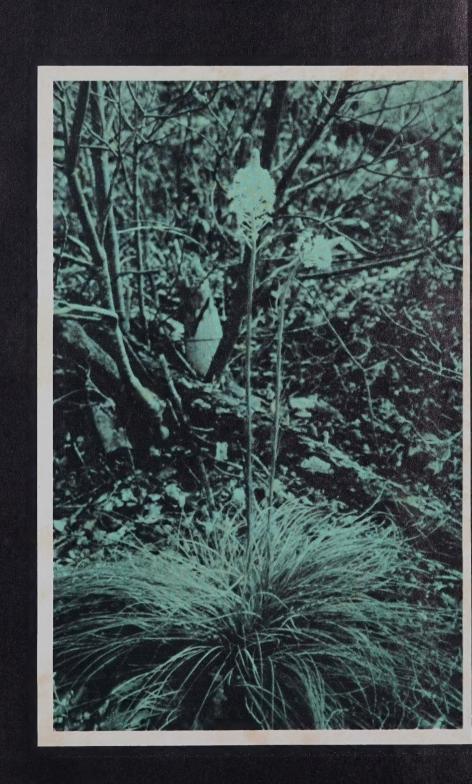
North Carolina Room

In honor of Ralph & Silver Abernethy

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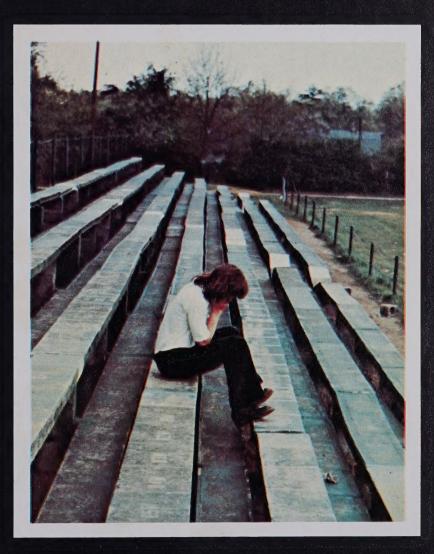
At times we were involved;





at others

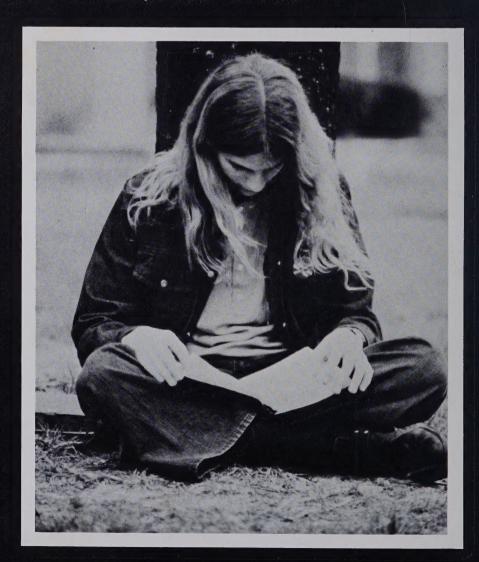
indifferent...



We sought to improve



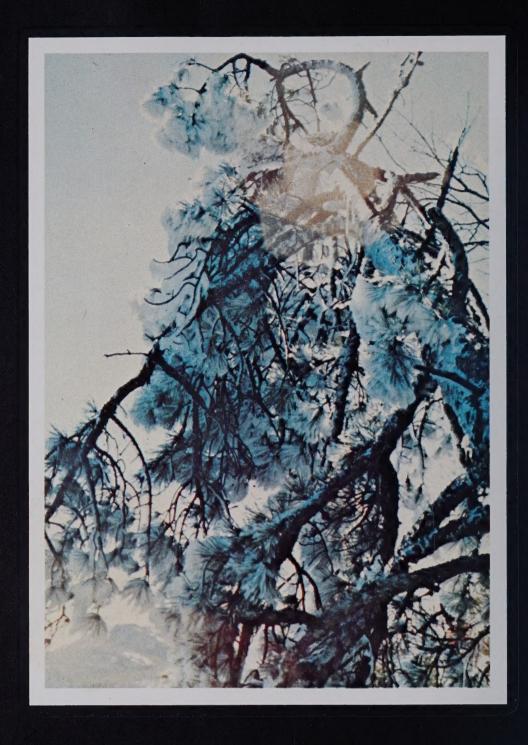
the qualities of our lives;





We toyed with destruction...







We faced each new challenge with hope;



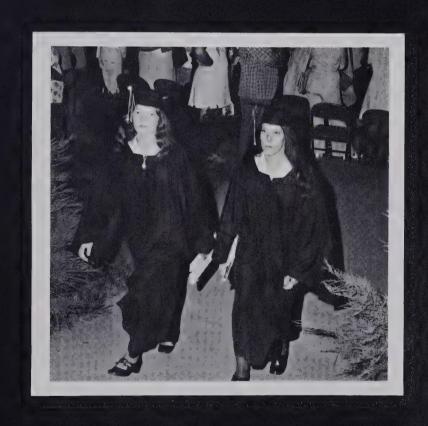


We have experienced



the past;





we await the future.



Impersonator 1974

VALDESE HIGH SCHOOL VALDESE, NORTH CAROLINA VOLUME 35

1974 IMPERSONATOR STAFF

Valerie Eckard							Editor			
Audrey Lail		.E	Bu	siı	ne	SS	Manager			
Mrs. Lana Smith .							.Advisor			
Mr. Jerry Goodnight							Cover			
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Debbie Wallace	Craig Widenhouse									
Elizabeth Guigou										



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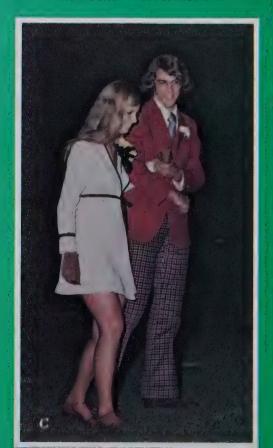
STUDENT LIFE

VHS Reflects On The Past

Flapper girls and gangsters set the stage for a week of unusual activities. With an assembly from the Roaring 20's, festivities for the final Homecoming of VHS were underway. Cigar smoke and strains of "Ain't She Sweet" filled the air as each member of court was introduced to the student body.

Excitement mounted as Friday brought an hour long spirited pep rally. Students were entertained by a skit reflecting traces of the Charleston Era. The atmosphere lingered as parade floats produced glimpses of the 20's. The presence of past homecoming queens accented the parade.

Victory was in the air as game time drew near. A capacity crowd was on hand only to find the game deadlocked at half-time. Attention was shifted to mid-field where the homecoming court was to be introduced. Applause rose from the crowds as maid of honor — Debbie Lambert was announced. The band played "Sweetheart of Sigma Kai" in tribute to Debbie Wallace our new queen. Homecoming '73 ended with a tough loss to the Drexel Wolverines 6-0.





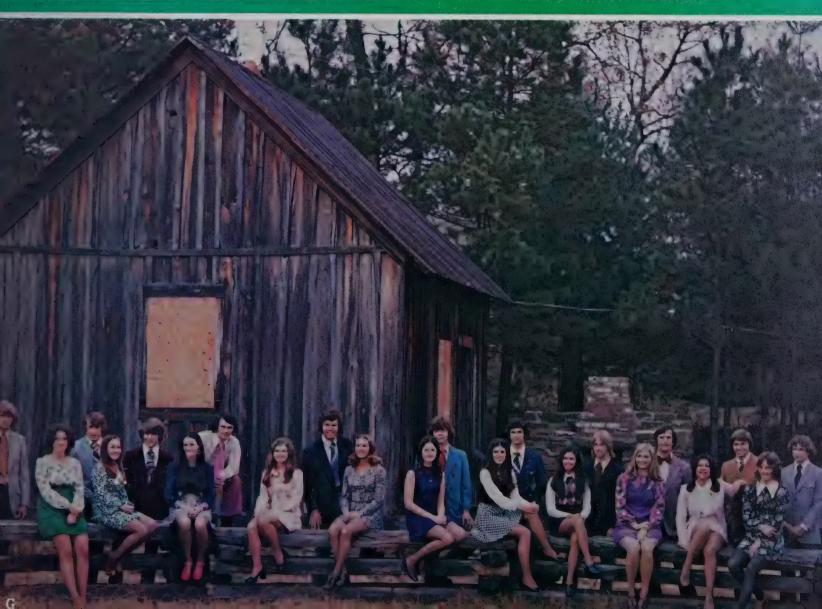






- T. Robinson and A. Little lead a jazzy Charleston number.
 R. Hyde, D. Reece, and R. Bonner prepare T. Pons for Friday's festivities.
 R. Fletcher escorts D. Lambert to receive her roses.
 The Band displays an array of past uniforms.
 Smiling through tears, D. Wallace becomes VHS Queen.
 S. Morrow demands K. Guigou reveal the name of the queen.
 1973 Homecoming Court (Left to Right) M. Chapman, C. Arnold, J. Berry, S. McGuire, J. Abernathy, J. Martinat, R. Hamby, B. Ward, T. Lail, V. Eckard, R. Williams, D. Wallace, (Queen) L. Bounous, T. Dale, S. Simpson, D. Lambert, (Maid of Honor) B. McRary, K. Browning, K. McClure, K. Norris, M. Brittain.





Final Dance Closes Year

As the Christmas Spirit with its carols and preparations arrived, nine excited girls anticipated the Christmas Dance. On that night one of them would be crowned the new queen. An electrifying group, "Fragile", was chosen for entertainment and surprised everyone when they brought along their pet boa constrictor. At 9:30 the court was introduced. The queen was given a half dozen white roses and was crowned by the former queen. Her maid of honor received vellow roses. Then the band played a tribute to the new queen and her court. The festivities ended with fond memories.

A few weeks after greaser day, a May dance was scheduled with Buzz Baker and the Electra's. But to the disappointment of the student body, they were unable to come and were replaced by a back up group called "The Winning Combination." The May court, consisting of club sponsored anxious girls was introduced during the dance and the first and last May queen of VHS was chosen. She was crowned and received her red roses from the president of the student council. The first and second runners up both received yellow roses. As the May dance ended so did the last dance ever to be given by Valdese High School.















- D.
- Presenting Miss Valerie Eckard, the 1973-74 Christmas Queen.
 Presenting Miss Robin Hamby, the 1973-74 Christmas Maid of Honor.
 The Christmas Court poses for a picture before the Christmas assembly program.
 Presenting the 1974 May Court.
 Tammy McGuire, the May Queen, takes time out to reflect on memories of the dance.
 Students enjoy the May dance.
 1st runner up, Kathy Brinkley, happily receives her flowers.
 Not Pictured 2nd runner up, Miss Teresa Lail.
- E. F.
- G.

ACTIVITIES — — — —











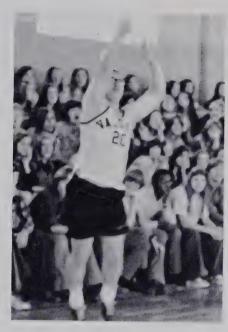






GET INVOLVED!

















Jr.-Sr. 1974



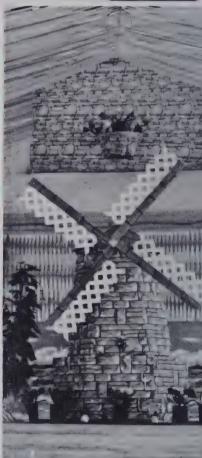














"Springtime in Holland"











May 3, 1974 showed the first signs of being an out-of-the-ordinary day when the Junior-Senior waitresses and waiter along with Mrs. Massengill's fifth period English Class performed for the Juniors and Seniors at the amphitheater. The skit portrayed an ordinary day at VHS. After enjoying a true Dutch meal of Kentucky Fried Chicken, the school day was over for them. Preparations began for the big night ahead. All the efforts made toward the Prom seemed worthwhile when people began arriving at the gym, which did not look like a gym at all. The theme was "Springtime in Holland" including windmills, wooden shoes, tulips, and other Dutch accessories. The waiter and waitresses dressed to suit the theme. The band, AUGUST, was fantastic! They played a wide variety of music which everyone enjoyed. However, maybe the most memorable moment was when the band nearly gave us a "free shot". All in all it was a great and unforgettable evening.









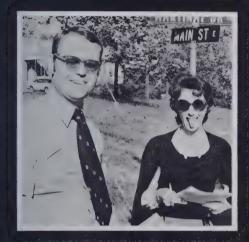


















ACADEMICS

Administration Has "Face Lift"

The 1974 Administrative Staff at VHS put on a "new face"; two, in fact. Our chief "new face" was Mr. David McKinney who served as principal. Convinced that students were willing to give their best efforts in every project and activity undertaken, he came to believe in the student body and "backed it 100%". Assisting Mr. Mc-Kinney was our other new staff member, Mr. Ralph Abernathy, who did his part in the office by continually maintaining a "sense of humor" while working to keep students in school. Both men could not have done their work so efficiently without the aid of Mrs. Carolyn Smith. Never failing, she kept up with the rat-race of a hard and tedious job as secretary. Her long hours before and after school showed everyone the type of concerned person she truly was. Working to keep the lines of communication always open was the motto of this outstanding staff, respected by all. Employed in the janitorial department were Charles Dalton and Grace Mills. Together they worked diligently for us-realizing that a clean environment creates a better learning situation.



















- Mr. McKinney was never too busy to listen to
- complaints, ideas, and problems of any student. Knowing all the tricks in the book proves essential in keeping all "knotheads" straight.

 Mr. Hipps and Mr. Abernathy seem to have forgotten about "ladies first".

 Mr. Abernathy clearly shows that your taxes are at world.
- are at work!
 The Dalton father and son team work to make VHS a "neat" place to go.
- Mrs. Smith finds time to "lend a helping hand".
- G.
- Mrs. Mills adds a woman's touch to VHS halls. Taking a break from the usual routine, teachers Н. enjoy a luncheon.
- Getting to know students on an individual basis is Mr. McKinney's main goal.







- C. Dockery and M. Jones are assisted by Mrs. Braswell in improving their word power.
 S. Morrow learns with the aid of Mrs. Nisbet the basic funda-Α.
- B.
- mentals of Sophomore English.

 Mrs. Braswell casts a sly glance at those little pieces of paper on the floor. C.
- D.
- Ε.
- G.
- on the floor.
 Studying is essential in "making it" through high school.
 Happiness is teaching Sophomore English!
 School seems to "hypnotize" F. "Cotton" Street.
 K. Garrou finds that English can somehow be fun.
 Mrs. Braswell helps N. Church with an English problem. Н.





Braswell Ripens "Green Minds"

I am; you are; he, she, or it is could this "BE" a family? This is one major crisis that a freshman faces in his first year of high school. But, however, all is not lost. Under the instruction of Mrs. Myra Braswell, the "green" minds used all their wits to learn the correct application of grammatical terms. They soon discovered that literature took on a different aspect, no longer second to grammar, and ventured on a suspenseful journey with Robert L. Stevenson's Kidnapped. Throughout the year, 9th graders strived to build on to the foundation of knowledge, Mrs. Braswell helped them achieve.

Skill along with imagination proved essential in the study of creative writing. With the leadership of Mrs. Betty Nisbet, sophomores seemed to acquire this art and put it to use with ease. Next, they ventured into Robert Nathan's style, with special emphasis on his Portrait of Jenine. Following up the study of Julius Caesar, students learned to understand many writers and recognize their individual styles

of writing.



Juniors Study Literary World

Huck Finn, Tom Sawyer - recognize these names? In an excerpt from The Adventures of Huckleberry Finn, Juniors became familiar with life in a much simpler time. Mrs. Linda Massengill led her students into studies of American Literature where they compared the styles of Edgar Allan Poe and Thorton Wilder. In addition to their study of literature, Juniors took a unique approach to poetry by combining it with music and art. They brought records, listened to them, and wrote down the words which they learned were actually poetry set to music.

- A. Students show eagerness to answer a difficult question.
- B. Mrs. Massengill corrects a typical sentence from one of her student's paper.
- C. With assistance from Mrs. Massengill, J. Henry proceeds to do her homework.
- D. K. Ogle, K. Hice, and M. Hefner study for an English test.











Crafts Increase Knowledge

Special education was intriguing this year as students became aware of themselves as individuals and their surroundings. With the help of Mrs. Cheryl Triplett, they strived to adapt and become a part of the world and society that they would soon face upon leaving VHS. Crafts strengthened concentration, while various games aided in the development of confidence and fair play.

- A. Lecturing is an essential part of Mrs. Cheryl Triplett's class.
- B. Mrs. Triplett and M. Stafford go over homework.
- C. Mrs. Triplett takes time to relax from grading papers.
- D. J. Stoner points out a country he and his fellow students are studying.







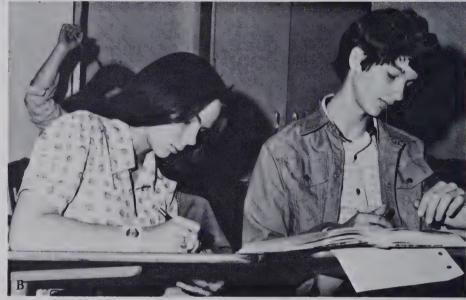
Students Break Down Barriers

Communication Barrier! No such thing for Advanced English Classes. Mrs. Smith's Freshman and Sophomores conducted a communication study which included dance, sign and body language, Morse Code, and Smoke Signals. This study of man's methods of communication led into an examination of words. Students added to their knowledge by constructing sentences and paragraphs preparing them for Advanced Composition at East Burke.

Next they ventured into the realm of Poetry. This study took them through Narrative, Ballads, Shakespearean Sonnets to Dramatic Poetry which was climaxed by a look at Romeo and Juliet.

Juniors and Seniors on the other hand were probing into the facets of American Literature with an in depth study of four major works: Hamlet, The Scarlet Letter, Walden, and Huckleberry Finn. They studied various authors, their lives, and writing styles. In the area of grammar, students were put on independent study where they learned to construct effective paragraphs, and write compostions correctly which will be especially beneficial to seniors for college.

















- Mrs. Smith explains the homework assignment.
 G. Auton and G. Shell take a Grammar test.
 Jr.-Sr. class take "time out" from study of Walden.
 E. Guigou, A. Hammond, and E. Queen doing creative writing.
 K. Guigou shows his interpretation of John Smith.
 Ready to try another day of it.
 L. Ratcliff does parallel reading.
 R. Rollins and A. Willis find the outdoors good for studying.







- In French II, T. McGuire answers question which puzzles fellow students S. Setzer, V. McGuire, and D. McBrayer. Mr. Sweezy points out the need for a higher education. During Christmas skit given in French, J. Abernathy and T. Garrou show Scrooge his past romance. Mrs. Fletcher translates a difficult sentence for K. Kincaid. The Crachet family, portrayed by members of the French IV class, act out death of Tiny Tim in Christmas skit. K. Baker samples delicious genuine French meal prepared by French IV students.
- C. D.

- E. F.



French Students Apply New Skills

A friendly "Bonjour" is what a first year French student hears from Mrs. Fletcher who teaches first and fourth year French. Students find that mastering the foreign language becomes a little less difficult under her direction.

Students in their second year of French begin a study of verb tenses and reading comprehension. One of the main things Mr. Sweezy stresses is learning to speak and understand conversational French.

French culture and geographical features are included in the lessons of third year students. The use of the language lab is encouraged much during this year.

French IV is mainly a review of the first three years of French. The skills learned during those years are combined to give the French IV student a complete comprehension of French.





Math Proves A Challenge To All

Reals and unreals. Knowns and unknowns . . . 1, 2, 3, 4 . . . The modern world is growing at a startling pace, and more than ever is influenced by the science of mathematics. Without this knowledge, the world as we know it could not function. Through the guidance of Mrs. Elsie Whisenant and Mrs. Lucille Bond, students prepared for the challenge that math offered.

In Geometry, logical minds came to accept complex geometric proofs. Compasses and protractors brought varied figures into view. Algebra I spot-lighted a fresh new subject filled with a vocabulary of signs, numbers, equations, and problems. Algebra II added powers, roots, radicals, and graphs, while Advanced Math students were faced with polar coordinates, limits, trigonometric and circular functions.

Math teachers opened wide avenues of learning to many students with the introduction of new concepts on every level of computation.



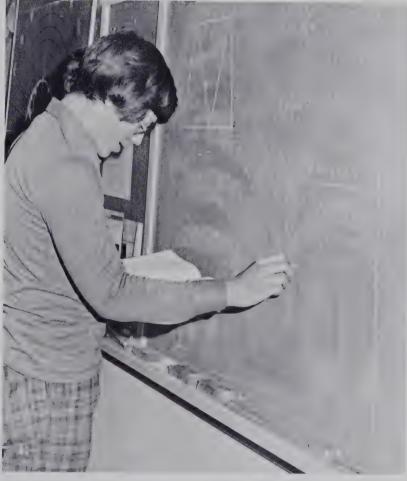












- Mrs. Bond helps D. Robinson with a hard Algebra I problem. Algebra I students take part in class discussion. Fourth period algebra class enjoys Ms. Metcalf's good-bye В. С.
- D.
- party.
 D. McLean introduces 20th Century mathematicians.
 Mrs. Whisenant makes Algebra II seem "so easy"
 Putting a math problem on the board is "no sweat" for A.
 Huneycutt.
 B. Walker finds that proofs aren't too bad if you do your home-

Students Probe Scientific Depts.

Biology was essential this year as students found themselves dissecting rats, smelling formaldehyde, and successfully collecting bugs for a project. Girls moaned while boys cheered as trays of specimens were passed out among the class for observation. Mr. Jimmy Hipps, biology teacher, instructed students in completing their work.

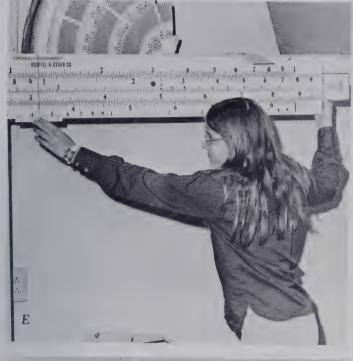
Due to the large numbers of students taking regular and advanced biology, one class was taken over by Mr. Jerry Miller. Mr. Miller also taught classes in algebra and physical science. Students taking physical science learned how to use bunsen burners while algebra students were baffled over such formulas as a a2-9=(a+3)(a-3).



















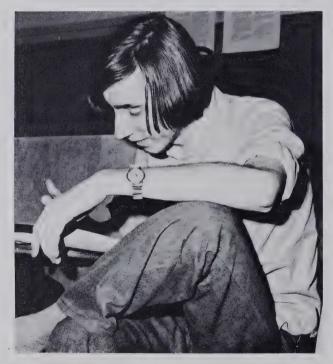
- Mr. Hipps thinks of the plans for his unsuspecting specimen. "Think of yourself as a cell" urges Mr. Hipps.
 Biology students watch as Mr. Hipps puts a diagram on the А. В.
- C. board.
- A busy homeroom teacher, Mr. Hipps takes up money during the candy sales. D.
- E. C. Rector demonstrates how to use the slideruler.
- Eagerly students answer questions.
- Mr. Miller quickly shows his class models of cells before returning a lost book to the French department. G.
- Н. Students listen intently to a lecture.
- Mr. Miller prepares questions for his class on the overhead projector.

Lab Intrigues Science Students

Science is on the move more than ever today. In only a few years we have witnessed everything from open heart surgery to men in space for 80 days. Such scientific achievements would have been impossible without the emphasis placed on science in recent years. Vital fundamentals of science were offered through courses of physics, chemistry, and physical science. Professors Garner and Murray aided students in obtaining useful experience toward the understanding of the industrial phase of society through the sciences.

Through the study of U.S. History we are better enabled to understand the personalities and purposes of past generations. It is by this study that the foundations of our present society are basically formed, and on whose blueprint we plan for the future in a country truly rich with heritage.

Together these courses satisfy a never-ending hunger for knowledge of the vast universe in which is rooted its historical past.









- A. Physics class marvels over a vandagraph.
- B. E. Powell and M. Chapman find the Gram Molecular Weight of a golf ball.
- C. Mr. Murray explains a composition problem to chemistry students.
- D. R. Frizzell finishes up a worksheet of U.S.
- E. M. Huffman tests different solutions to determine whether they are acids or bases.
- F. Mrs. Garner and R. Curtis discuss a physical science question.
- G. Skillfully, Mr. Murray runs off an "easy" physical science test.
- H. Using a map, Mrs. Garner relays the U.S. situation in 1821.
- situation in 1821.

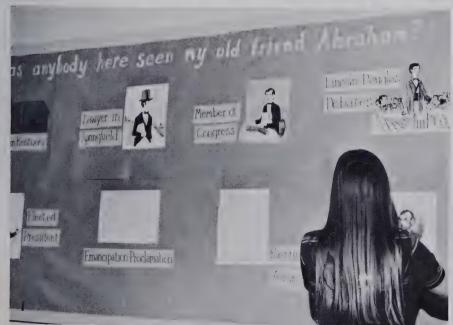
 I. S. Ballard swiftly puts up an extra credit bulletin board before the six weeks ends.
- D. Owens gives his history book report.





























Students Search For Answers

Crime, the generation gap, alienation, marital problems, rape — do these problems sound familiar? In a course of Economics and Sociology taught by Mr. Sam Wilkinson, students discuss these problems and try to find solutions for them. Mr. Wilkinson believes in making his courses interesting. By a survey study approach to World Geography and US History. his students found the two subjects fascinating.

Mrs. Jewel Bounous is also a teacher who tries to make her courses appealing. By letting them use various office machines, students gain experience and knowledge for further work with these machines. Mrs. Bounous rotates them to different machines as soon as she feels that they are confident enough to run them well and without any questions. The students taking Office Occupations also find themselves working in simulated offices. The knowledge they learn prepares them for jobs that need their newly acquired skills.

Mr. Sam Wilkinson ponders a question in

S. Rash practices using the adding machine. Students discover new and exotic places in

World Geography.

Fred (B. McRary) confides in Carl (D. Lambert) about his troubles at home during Sociology skit.

S. McGuire and Mr. Wilkinson discuss at chart concerning the rising cost of living

in Economics class.

Office occupation instructor, Mrs. Jewel Bounous, inspects L. Turner's classwork. J. Piercy types accurately from dictation.

In beginning a page for the Echoes, R.

Burns marks the margins on a stencil.

Students Prepare For Business World

"Clumsy fingers falling on foreign keys" was a common feeling among apprehensive Typing I students. Through the reassurance of Mrs. Gloria Pons students slowly built confidence in their work. Warm-up drills and reinforcement practices helped typists in the application of their newly acquired techniques. As the year progressed many developed a skill which they could apply.

In another business area, shorthand classes began by concentrating on primary fundamentals. They soon learned the opportunities which arise from the mastery of office dictation.

Mrs. Pennell's General Business students turned their attention toward filing income taxes, writing checks while in Bookkeeping courses students learned the art of keeping accurate records and handling credit and debits. Aside from the many skills nurtured classes obtained a certain respect for business and its ever challenging fields.

















- Mrs. Pons gives "friendly advice" to quieten down.
 C. Southerland, S. Davis, J. Pons, and D. Lanier practice dictation.
 Mrs. Pons explains methods of shorthand dictation.
 Mrs. Pons oversees work done by students.
 Benefits of check writing are explained by Mrs. Pennell.
 Mrs. Pennell answers D. Rust's question.
 Income tax procedures are explained by Mrs. Pennell.
 E. Tolbert, C. Pittman, G. Bridges begin regular warm-up drills.

P.E. Emphasizes Physical Fitness

The main objective of the Physical Education Department was to coordinate the physical and mental abilities of the individual. For Valdese High freshmen the program proved to be challenging as well as interesting. Through participation in such activities as tennis, basketball, volleyball, softball, and the trampoline, students not only developed basic skills and understanding, but had fun in the process.

Upperclassmen also participated in the physical education department in the Advanced P.E. program. This course offered a chance for them to improve their skills in various sports.

Concentrating more on the mental aspect, health classes studied the many systems which combine to compose the human body.

- A. D. Greene and L. Turner demonstrate skills of the trampoline.
- B. W. Bradshaw and G. Goins look on as R. Hoyle spikes one.
- C. L. McCurry, N. Propst, and B. Blevins observe techniques of fellow classmates.
- D. L. Poston prepares for a day of bowling.
- E. D. Coffee practices good form in bowling. F. R. Hasting views freshman P.E. class.
- G. L. Poston looks in on study hall.
- H. R. Hastings explains his test.
- I. D. McGee tries for winning point.





























VHS Benefits From Bowditch and Reitzel

Keeping accurate and complete records on every student is surely essential in a high school, and Mrs. Elizabeth Bowditch "filled the bill". Information on colleges and careers was available to all interested students, as well as guidance when needed in solving problems.

Chasing down missing books proved to be an "active" job for Mrs. Alma Reitzel. In addition to managing the library, she trained her staff to be qualified assistants in order to work with the students of VHS. Besides creating an atmosphere in which to study, it was an escape from a boring study hall, or a place to "get away from it all".







- A. The library is made more attractive for students.
- B. Mrs. Reitzel checks the files for missing books.
- C. K. Rector, B. Henson, and L. Stephens make use of library resources.
- D. Overdue books keep B. Henson and V. Buchanan busy.
- E. Mrs. Bowditch and K. Norris discuss college applications.
- F. Mrs. Bowditch searches for a catalog.
- G. Keeping up-to-date records proves a full time job.
- H. Relaxing at a faculty luncheon teachers enjoy gifts.

Students Enter The World Of Work

Two unusual academic courses are Distributive Education taught by Mr. Wade Hildebran and Industrial Cooperative Training taught by Mr. Charles Brittain.

The DE and ICT programs are for students wishing to go into the working world upon leaving high school. These courses prepare interested students for work. Films are shown illustrating the types of available work and the importance of each one. The instructors teach students how to prepare for job interviews and help find jobs for them.

DE concerns any type of work the student may want to pursue. Mr. Hildebran contacts the merchants in Valdese and tries to place his students in jobs according to their future plans. ICT is for students that want to go into production and industry. With the assistance of Mr. Brittain, the students are placed in textile mills in our area. Here they can learn trades which may prove invaluable.









- A. L. Stephens and M. Lackey practice dressing a manikin in DE class.
- B. K. Robinson and D. Martin study from their textbooks.
- C. The DE class looks over some materials given out by some surrounding merchants
- D. Mr. Wade Hildebran is the Distributive Education instructor.



K. Satterwhite prepares a display in the school DE window.
The ICT class relaxes after seeing a film on the surrounding industries.
Mr. Charles Brittain explains some techniques in job hunting.
N. Carroll calls her boss to remind him of an important matter concerning her job.









Students Develop New Skills

Beginning with the basics of drawing, then progressing to the blending of colors, the novice art students began a year of creative work. The ancient skill of carving was developed as totem poles were fashioned. During the Advent season of celebration, decorations took shape in the spirit of the occasion. Rounding out the year, with some work in one's own field of interest, developing artists found parallels of aesthetic quality and everyday life.

Drivers devised emergency escape procedures and learned traffic laws in a class of Driver's Education at VHS. Speed limits were lowered to 55 mph making it impossible for these new, law-abiding drivers to ever have the thrill of a smooth cruise at 70 mph. As ususal, there were those who followed the tradition of careful driving. Upon receiving their Driver's Licenses, these members of the student body joined the club of those who possess this coveted responsibility.

- A. Mr. Ramsey rests between drivers.
- B. C. Smith takes a deep breath before starting the car.
- C. Mr. Ramsey awaits another student.
- D. K. Berry discusses various devices within the car with Mr. Ramsey.
- E. L. Dillingham works to make every stitch perfect.
- F. G. Lawrence completes the painting of a freshly carved totem pole.
- G. Mr. Goodnight sets up a film for his classes.
- H. The artistic abilities of R. Hamby and J Martinat are displayed in the library.







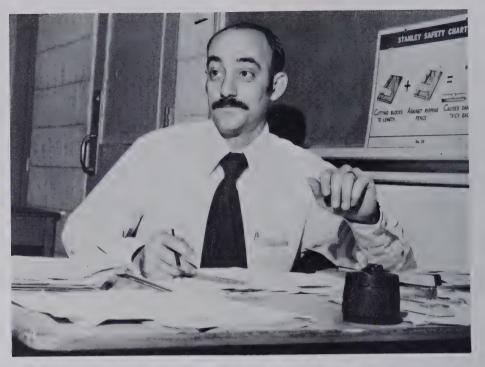




Students Develop Useful Skills

Learning the basics in cooking and sewing is quite an experience for a number of girls at VHS. But cooking and sewing are not the only things students study. Child care, good grooming, and crafts are also taught by Mrs. Betty Hammond. Her students get to put their knowledge to use as the senior girls may take the Betty Crocker Homemaker Test. Unlike the other academic courses, home economics develops a skill applicable to the girls future lives, whether in marriage or career.

The use of the hands is important in industrial arts. Young men taking shop under Mr. Slone learn how to use the jig, ban, and many other types of saws. They learn the fundamentals of furniture production and are able to construct anything from a simple stool to a guitar by the year's end. Those taking mechanical drawing concern themselves with the linear makeup in the construction of buildings. Students read and draw blueprints, thus learning the basics of drafting.





















- Industrial arts teacher, Mr. Slone, prepares test for his students taking mechanical drawing.

 D. Kincaid works diligently on a rough draft.
- Mr. Slone shows D. Proctor a special technique to putting furniture together.
- D. McLean asks for a critical analysis of his finished drawing. First year home economics students display their Christmas
- projects. A. Abernathy and R. McClure show the proper way of bathing
- P. Wright presses out a seam before she begins sewing again. The art of cake decorating was demonstrated by Mrs. Lowman.
- Students work together in sewing those first unsure stitches. Mrs. Hammond discusses the planning of a meal with L. Turner, Betty Crocker homemaker of the year.

Music Provided For Activities

Members of the VHS band were eager to handle the hectic year of football games, parades, pep rallies, and concerts after many night practices held during the month of August. Under the direction of Mr. Leonard Brendel, each member worked to do his part as a member of the band.

The chorus presented entertaining, as well as inspirational, concerts for the public. They practiced each day during 4th period to make their con-

certs ones of perfection.

Throughout the year, both band and chorus gave two spectacular performances: one at Christmas, which mainly consisted of religious songs and Christmas carols and a spring concert of contemporary pieces.

As the school year drew to a close, the chorus members sadly practiced songs for the baccalaureate services, and the band rehearsed a sensational

march for graduation.









Christmas Concert given by chorus delights audience.

An enthusiastic R. Carswell provided entertainment for pep rallies and ball games. VHS band prepares for their halftime performance.

Drum Majorette, C. Page, directed the VHS band in Mr. Brendel's absences.











Pep band plays Alma Mater during pep rally.
Mr. Brendel conducts the memorable Christmas concert.
Mr. Brendel assists M. Maltba, C. Dillingham, and D. Odom in the mechanics of percussion instruments.
The art of building a strong band is demonstrated by Mr. Leonard Brendel.
Presenting the 1973-74 VHS band.

A. B. C. D. E.



























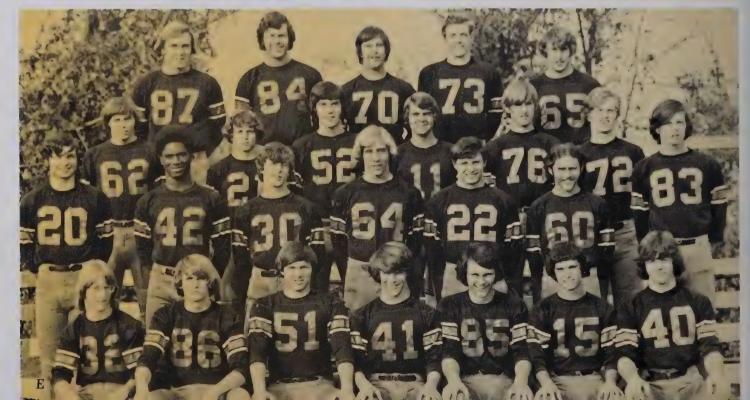
SPORTS

















Tigers Make Their Last Kill For VHS

For those that devote themselves to that game called football, the summer meant long practices, repeated drills, studying game strategies, and sacrifices. As time for the season's opener drew near, hopes were high for a first game victory.

The Tigers traveled to Watauga only to be disappointed to a 0-38 loss. Hopes were still high. In many games it seemed as if victory was at hand, but the Tigers final efforts were defeated. Later in the season the Tigers were confronted by the Avery Vikings. Dreams became a reality with

the final score 26-14.

The Tigers were led through the season by outstanding athletes who received awards at a banquet honoring the team. Mark Chapman was given the Sportsmanship award. Doug Reece received Most Outstanding while Tim Fox captured Most Improved. Best Offensive went to Rick Hyde with John Berry taking Best Defensive. The C.K. Lynn award was presented to Kile McClure.

Even though they had a losing season, they won in many respects because they were all together in one unified effort to make this last season

immortal.

- Happily, J. Berry and M. Chapman receive wreath of "good luck" at Homecoming pep
- L. Bounous seeks sideline instructions.
- R. Hyde runs for Tiger touchdown.

Supervisor of officials holds conference

with referees during half-time.

- FIRST ROW: S. Simpson, M. Chapman, K. Hice, S. McGuire, J. Martinat, L. Bounous, R. Williams. **SECOND ROW:** T. Skidmore, L. Dillingham, B. Pearson, A. Huneycutt, R. Hyde, K. Metcalf, T. Fox. THIRD ROW: K. McClure, M. Brittain, G. Lowman, K. Ogle, R. Piercy, R. York. FOURTH ROW: Coffey, B. Ward, B. McRary, D. Reece,
- B. Pearson outruns oncoming opposition.
- L. Dillingham dances to the tune of a touchdown.
- There is joy in Valdese tonight.
- Tigers T. Fox, J. Berry, and B. McRary close in on Drexel's quarterback.











Starting the season with six seniors, eight juniors, and one sophomore, Coach Hastings led his team through a tough season. Coach Hasting's starting five changed several times throughout the season, but primarily it consisted of Randy Fletcher and Junior Martinat at forwards, Randy Causby and Mark Chapman at guards and Bill Ward at center. These fine young men showed great strength and determination in their playing.

The team gave a thrill to Valdese spectators when they went up against the George Hildebran Eagles. Throughout the game the score was close but as the final buzzer sounded, the Valdese Tigers had conquered the long lasting feel of defeat.

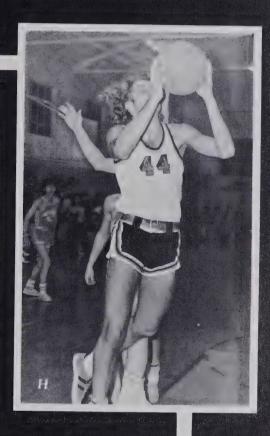
The Tigers this year have put a lot of effort and determination in their playing. We feel that the returning players will be a great asset to the new teams at East Burke High School next year.





A.) Coach Hastings explains game strategy to R. Causby, G. Lowman, B. Ward, and J. Martinat. B.) A. Huneycutt and L. Moon enjoy tea given for basketball players. C.) M. Chapman aims for an easy two against oncoming opponent. D.) J. Martinat, R. Fletcher, B. Ward, M. Chapman, and L. Bounous wait for fellow Senior T. Garrou as they are honored during final game. E.) J. Martinat makes a bucket while L. Bounous and L. Dillingham guard Patriots. F.) R. Causby drives in for a lay-up against Wilkes Central. G.) R. Fletcher controls tip at Freedom Game. H.) A shot for two is made by R. Fletcher, I.) FIRST ROW: M. Chapman, L. Bounous, R. Fletcher, J. Martinat, B. Ward, SECOND ROW: Coach Hastings, R. Hyde, R. Causby, L. Dillingham, G. Lowman, A. Huneycutt, L. Moon, K. Hice. J.) J. Martinat treads over Patriots.









New Coach Heads Team

Starting the season with a new coach, Miss Linda Poston, the Tigerettes looked very promising. Coming out on top was emphasized at each practice. Six girls took turns of the starting positions at each game.

As the season opened the girls were faced with a loss against George Hildebran. Later in the season, glorious victories were won against the Lenoir Bearcats 45 to 33 and the Hudson Hornets 45 to 28.

Seniors, Roxie Benton, Karen Norris, Janet Abernethy, Spain Widenhouse, and Sharon Graham were honored at the final home game of the season. Seniors, juniors, and sophomores proved to the fans and opponents that the spirited Tigerettes were always striving to be on top.

- A. Senior, S. Widenhouse searches for fellow teammates.
- B. L. Poston, Tiger coach, and team look for a victory.
- C. C. Plemmons, J. Abernethy, and J. Piercy guard their opponent.
- D. Successful lay-up is made by D. Ledford.
- E. Teammates and their coach discuss game during time-out.
- F. FIRST ROW: S. Widenhouse, K. Norris, R. Benton, J. Piercy, S. Graham, J. Abernethy. SECOND ROW: N. Lowman, E. Queen, R. Odom, D. Ledford, T. Saunders, J. Barus, C. Plemmons, K. Campbell, L. Poston.
- G. J. Abernethy controls rebound.
- H. K. Norris goes up for two.

















JV's Leave Imprint At VHS

Unlike their varsity colleagues, the 1974 Junior Varsity Football Team had a very successful season. Winning over Hudson 20-16, the junior Tigers set the pace for a season filled with victories, highlighted by the smear of George Hildebran 42-16. Having a talented offense and a defense that had a lot of spunk, the team proved that success was due to a team effort.

Aided by the presence of a new, idea-filled coach, the J. V. Basketball Team worked to make the 1974 season an outstanding one. Although not as successful as they had hoped, the team was not to be degraded in the areas of effort and sportsmanship. Mixing victories with defeats, the team provided a lot of excitement for the minimal crowds. Ending the season with a 3-17 record, the J. V.'s left their mark at VHS.











ROW 1: Coach Hastings, J. Southerland, T. Rhoney, B. Butler, T. McGuire, F. Dillingham, J. Hyde, C. Fletcher, ROW 2: S. Richardson, K. Shell, N. White, K. Morrow, M. Annas, G. Shell, M. Annas, ROW 3: W. McCracken, J. Jacumin, K. Powell, B. Deal, R. Turner, S. Morrow, J. Hyde, ROW 4: M. Benfield, D. Smith, F. Street, H. Miller, T. Robinson, D. Protor.







- T. Robinson shoots over an opponent. At a crucial moment, the J. V.'s pause to discuss strate-
- His team in need, T. Fox moves quickly to set up the
- Coach Fletcher contemplates a new play for his team.
- E. Huffman tries for two.

 Watauga finds M. Benfield too swift as she completes
 - the play.
- T. Rhoney, T. Robinson, T. Fox, E. Huffman, M. Benfield, G. Fisher, R. Turner, J. Abee, R. Piercy, G. Shell, N. Church, and C. Johnson serve their school in a special way: as members of the Junior Varsity Basketball















Wrestlers Capture 3rd Place

As the 1974 wrestling season drew nigh, supporters had hopes and dreams of a winning season. Those dreams became realities when Coach Murray's varsity wrestlers finished the season with a record of 9 wins and only 2 losses. As the season progressed, the team gained more fans with each victory that fell into their hands. Each match was filled with tension that added to the excitement.

The VHS team lost four of their wrestlers last year but they were replaced by young freshmen who were eager to learn.

Senior Mike Brittain went through his second undefeated season. In the end he received honors of Most Valuable, All-Conference Wrestler, and Most Valuable Wrestler of the Conference. Steve McGuire and Robert York also captured the honor of All-Conference Wrestler. Coach Murray was named Most Valuable Coach.

The season was climaxed by a trip to the Association Tournament. Hopes were high for another outstanding victory but unfortunate circumstances arose. Team morale was always high because as each member walked out onto the mat alone, the strength and confidence of his teammates went with him.

- A. FIRST ROW: M. Smith, E. Pascal, T. Skidmore, R. Cromwell, K. Morrow, B. Pearson, K. McClure, S. McGuire. SECOND ROW: M. Franklin, D. Rust, D. Reece, J. Coffey, M. Brittain, R. York, F. Dillingham. THIRD ROW: F. Street, T. Duncan, J. Hyde, R. Lane, B. Walker, D. Rust, J. Hyde, R. White, W. Benfield, K. Powell.
- B. M. Brittain holds on for another victory.
- C. All Conference wrestlers, B. Pearson and S. McGuire, are honored at Assembly.
- D. F. Dillingham presses hard for a pin.
- E. S. McGuire completes a successful reverse.
- F. M. Smith gains control against Watauga wrestler.
- G. Coach Murray and his wrestlers intently watch each match.
- H. E. Pascal meets his opponent "head-to-head".



Team "Streaks" To Victory

Runners, take your mark...Set... Go! The Tiger track team started the 1974 season off well with what was called "the best mile relay team" in the conference. Experienced seniors, Kyle McClure, Louis Bounous, Junior Martinat, and Barry McRary led underclassmen to a seventh place finish in the conference.

Practice, hard work, and a lot of sweat paid off for the team as six of its members attended Bi-Conference — Larry Dillingham, Franklyn Dillingham, Byron Pearson, Kyle McClure, Louis Bounous, and Allan Huneycutt. Larry Dillingham also went to the Association Meet in the Triple Jump.

A sense of accomplishment and pride in a job well done was felt by the entire team as Valdese finished its final track season.







- A. F. Dillingham demonstrates his skill in pole vaulting.
- B. B. Pearson practices low hurdles for future meets.
- C. During a meet, T. Garrou, gains more points for VHS.
- D. K. McClure pushes for a much wanted victory
- E. Long, easy, strides, take T. Skidmore past the finish line.
- 7. D. Reece shapes-up for the discus throw.
- G. L. Dillingham clears hurdle in perfect form.
- H. (first row) A. Huneycutt, L. Bounous, J. Martinat, K. McClure, B. Pearson. (second row) F. Dillingham, L. Stephens, D. Rust, J. Hyde, S. Morrow, L. Dillingham, T. Skidmore, D. Kincaid, C. Dillingham, F. Street. (third row) B. McRary, M. Annas, B. Connor, D. Smith, J. Jacumin, T. Garrou, J. Hyde, C. Fletcher, M. Annas, D. Reece, K. Morrow, M. Franklin, B. Abernathy, Coach Wilkinson













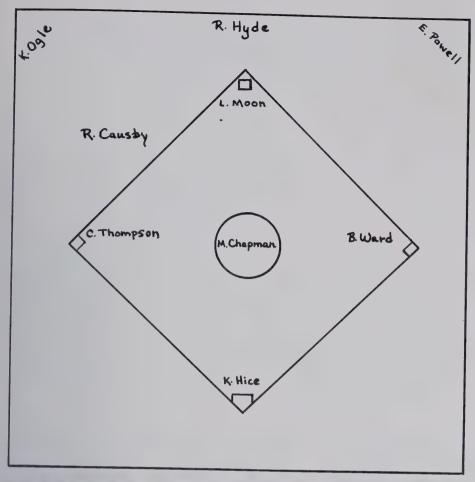
(first row): M. Chapman, B. Ward, C. Thompson. (second row): R. Hyde, L. Moon, K. Ogle, B. Butler, S. Setzer. (third row): Goach Hastings, E. Powell, K. Hice, G. Lowman, R. Causby. (fourth row): K. Poarch, T. Pons, G. Hefner, D. McCraken. (fifth row): D. Pendergrass, T. Rhoney, R. Piercy, N. White, M. Morris.













- A. Catcher, K. Hice, watches pitcher's signals closely.
- B. Pitcher, M. Chapman, "burns" one over home plate.
- C. R. Causby prepares for base hit.
- D. Seniors, B. Ward, C. Thompson, and M. Chapman take a break.
- E. B. Butler swings for homerun.
- F. B. Ward warms up before going to bat.

Tigers Close

Out Season

It seemed as if the rain was determined to ruin the 1974 baseball season, but finally the Valdese High School team started a season which went down in the books as a winning one. Three seniors, Mark Chapman, Bill Ward, and Cobb Thompson, along with six juniors, four sophomores, and eight freshmen thrilled spectators with comebacks in several games.

Coach Ron Hastings, former ECU pitcher, began the season with several returning lettermen. Team practice began early in the year. Rain and cold weather did not stop these determined young men. As they took their places on the field they realized that those long, hard practices had paid off. Two victories over the Drexel Wolverines boosted team morale considerably. Later in the season the Tigers upset the McDowell Titans with a 6-5 victory. It was the first victory the Tigers had had against the Titans in almost five years.

As the season ended, those long hours of practice left a feeling of satisfaction with the team.











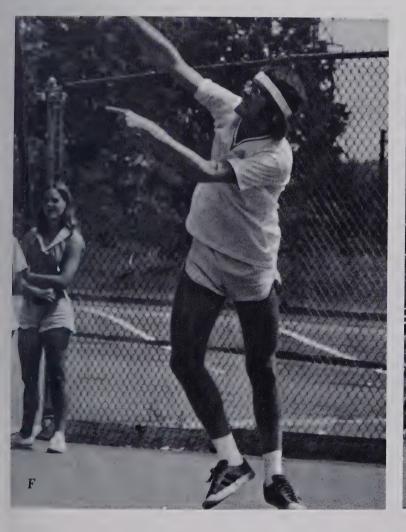
Randy Fletcher
Royce White
Walter Church
Mark Benfield
David McBrayer
Ricky Lane

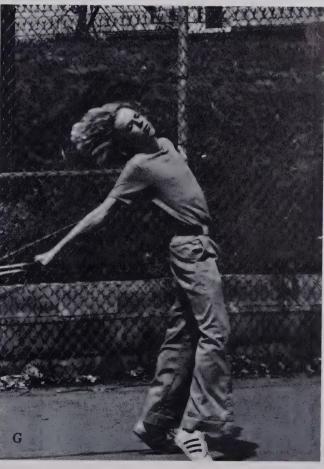
Tommy Garrow Chris Harris Gantt Fisher John Bounous Mark Micol

Team Gains New Members

Anticipating a winning season, the Boy's Tennis Team began practice in early March. Under the able leadership of Coach Hennessee, this determined group of men finished the '74 season with a record of good trys. Self-discipline and hard work were common characteristics of team members. Freshman Gantt Fisher was rewarded for his effort as he was named most valuable player.

- A. (first row) M. Micol, R. Lane, D. McBrayer, J. Bounous, W. Church, T. Garrou, R. White, M. Benfield, G. Harris, G. Fisher, R. Fletcher.
- B. J. Bounous returns opponent's serve.
- R. Lane observes the moves of his opponent.
- D. C. Harris practices his fast serve before match.
- F. Senior, R. Fletcher, returns a difficult shot.
- G. M. Micol moves fast to return the serve.



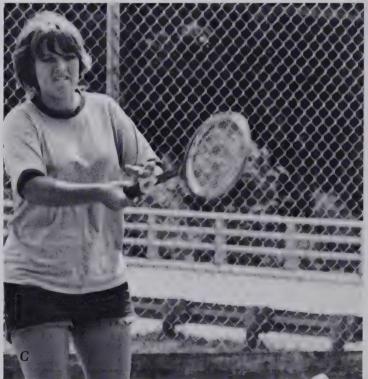


Members Show Enthusiasm

Valdese High School's last Girl's Tennis Team, coached by Linda Poston, held to their enthusiasm to the completion of the 1974 season. Determination was a vital part of the team as was seen at the Shelby Bi-Conference. One doubles team, Sharon Graham and Teresa Lail, and one singles participant, Dawn Ledford advanced to the finals. The team elected Sharon Graham as most valuable player to close out the season.













- A. All Conference Dawn Ledford returns serve.
 B. A. Baker warms up for tennis match.
 C. B. Andrews swings into action.
 D. (first row) S. Graham, T. Lail, B. Andrews. (second row) D. Dye, C. Bounous, A. Baker, Coach Linda Poston. (third row) J. Abee, D. Ledford, E. McEntire.
 F. T. Lail practices her serve before match.
- T. Lail practices her serve before match.
 C. Bounous concentrates on heated tennis match.

Outstanding Athletes



















Valdese High School's Leading Athletes: A. John Berry: Football, Best Defensive. B. Tim Fox: Football, Most Improved. C. Kile McClure: Football, C.K. Lynn Award. D. Doug Reece, Football, Most Outstanding. E. Janet Abernathy: Basketball, Most Valuable, Randy Fletcher: Basketball, Most Valuable. F. Mark Chapman: Baseball, Most Valuable; Football, Sportsmanship. G. Louis Bounous: Track, Most Valuable. H. Sharon Graham: Tennis, Most Valuable. I. Mike Brittain: Wrestling, Most Valuable, All Conference, Most Outstanding in the Conference. J. Not Pictured G. Fisher.



























ACTIVITIES

Clubs Mean









School Involvement









Student Council Has An Active Year

Under the leadership of Junior Martinat the last Student Council of VHS had a very successful year. Their first project was taking charge of Homecoming festivities and their efforts were rewarded when they captured the prize of "Best All Around" in the float competition. The many dances sponsored by the Student Council were highlighted by the Christmas dance featuring "Fragile".

Student Council members, their sponsor Mrs. Garner, and dedicated officers — President, Junior Martinat; Vice-President, Norma Lowman; Secretary, Denise Metsger; and Treasurer, Maria Huffman spent long hours in meetings to decide on color combinations for East Burke.

The Student Council organized assembly programs and locker checks. They sponsored spring volleyball intermurals and Tiger Time which was presented each Monday night.



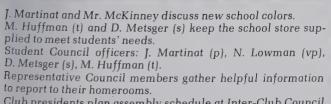












Club presidents plan assembly schedule at Inter-Club Council

S. Pons, B. Ward, T. Lail, T. Carswell, and sponsor Mrs. Triplett make up the Tiger Time planning committee.

N. Lowman, first female Vice-President of VHS, takes a break.

Student Council member. A. Daye participates in a locker check.











(1.) Typing up copy keeps R. Hamby busy. B.) C. Arnold plans captions for another spread.
(2.) Keeping financial matters straight takes all of A. Lail's spare time. D.) Writing copy is a tedious task for C. Widenhouse. E.) Mrs. Smith checks over work turned in by staff. F.) dentifying students takes several hours for D. Wallace. G.) S. Ballard and E. Guigou arange pictures for effective lay-out. H.) J. Warlick announces for next club picture to be lade. I.) A. Hammond checks to see what page has to be done. J.) V. Eckard gets pages aranged for upcoming deadline.

Staff Completes Final Edition

Work began early in the summer as the 1973-74 Annual Staff invaded the shops and businesses of area merchants to sell advertisements. This would be the 35th and final edition of the Impersonator and the staff was determined to make it the best ever.

After this first phase of work, members learned the fundamentals of cropping, drawing layouts, and writing copy. Next came a three week campaign prior to Christmas vacation to sell subscriptions to the students and alumni. Patiently the group worked to meet a January deadline and other periodic ones to follow. Finally the tedious planning, devoted hours of work, and a lot of effort preserved for everyone the cherished occurences of VHS as the 1974 Impersonator emerged from the press.



FBLA And Echoes Make Dual Effort

The newspaper staff was deeply honored to produce the last six issues of the ECHOES. Each page represented long hours of hard work and great imagination. Much attention was given to the new headlines; eager eyes paid heed to the editorials; great caution was given to the gossip columns; and mysterious suspense surrounded the new "Mystery Spectacular." The editors, Audrey Lail and Rosemary Burns, combined efforts and gave Valdese High news to remember.

In deep appreciation of Valdese High School's administrative staff, the FBLA, led by President Sherry Rash, presented three miniature candy Christmas trees to Mr. McKinney, Mr. Abernethy, and Mrs. Smith. This deed helped the FBLA members learn the meaning of service and goodwill, which they need in order to become better businessmen of tomorrow.







December 19, 1973

ENERGY SHORTAGE HITS V. H. S.



one time to cut out the number of trips, (4) take the colder weather with a smile, even though your teeth are chattering,

FBLA presents gifts of goodwill to Mr. McKinney, Mr. 111 Abernethy, and Mrs. Smith.

Members of the FBLA. (left to rt., fr. row) Teresa Lowder-milk, Rosemary Burns, Jeannette Piercy, Kathy Martin, o pre-(back row), Sherry Rash, Audrey Lail, Teresa Lail, Debra Clark, Jeannine Warlick, Janet Abernethy, Ginger Sams, laterials Claudette Moose, Mildred Huffman.

Members of Echoes staff. (left to rt., fr. row) John Berry, Audrey Lail, Shelia Goins, Mildred Huffman, (second hem. row), Rosemary Burns, LaVenta Turner, Jeannette Piercy, Teresa Lowdermilk, Sherry Rash, Mary Anne Greene, Ginger Sams.

Mildred Huffman, Teresa Lowdermilk, and John Berry work hard in getting the Echoes out on schedule.

to Valdese High since it is her last

t due hem. ith ome inter estions lems get e in ns

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therman

(1) get the lead out of our acceltor shoes, (2) form car pools to cool, games, and on dates (if you can k it), (3) make several errands at

Service Clubs Work Together

Sponsored by the Pilot Club of Valdese, the Anchor club is a service organization with an active membership. This year, as morale boosters, the Anchor Club gave lollipops to the basketball players and wrestlers before meeting their keen rivals. They spread the Christmas spirit by decorating a Christmas tree in the front hall, and the girls gave a Valentine Party for the children at the Day Care Center. Club members attended various special meetings during the year. A joint meeting was held with the FHA, six members attended the District Convention at Trinity High School, and V. Eckard and C. Arnold were their delegates to the National Leadership Conference in Philadelphia.

Another very active club on campus was the Key Club. One member was treated to lunch each month by their sponsor the Kiwanis Club. Several of their projects this year included cleaning up the gym after basketball games and helping the Anchor club with the Christmas tree. They challenged the male faculty members to a donkey ballgame, the proceeds being donated to the East Burke Athletic Fund.

















- Anchor Club meets with FHA to learn about the Headstart Program of Valdese.
- Club members R. Rollins, D. Lambert, C. Smith, K. Browning and A. Willis enjoy refreshments after an Anchor Club meeting at C. Arnold's house.
 K. Kincaid is surprised by her secret pal.
 1974 Anchor Club.
- C. D.
- Anchor Club President V. Eckard and Key Club President B. Ward work together to get the Christmas tree ready.
 G. Shell and J. Hyde help Key Club clean up gym after a game.
- 1974 Key Club.
- Key Club members W. Benfield, W. Church, and D. Rust show their school spirit by preparing the gym for the next home ballgame.

Clubs Perform For Student Body

Long hours of practice led to well-performed routines which delighted the student body at pep rallies. Along with the band they provided half-time entertainment for the spectators during football season. Majorettes Teresa Lail, Sherry Rash, Rosemary Burns, and Dru Wheeling presented their most spectacular performance when they twirled fire at our last home game.

A mutual interest in acting and play production brought the members of the Drama Club together. With help from their "fearless leader," Karen Baker, and assistance from their faculty sponsor, Mrs. Massengill, members entertained the student body during a Homecoming assembly.

On several occasions during the year, the club met to read plays. They made arrangements to travel to Freedom to view performances of the drama students there.

Many Drama Club members carry their strong interest and willingness to work into the summer months by becoming actively involved in the Outdoor Drama "From This Day Forward."

- A. Mrs. Massengill informs members of details concerning field trip.
- B. K. Setzer boards bus headed for Freedom.
- C. S. Poarch checks to see everyone is ready.
- D. Drama Club members use "body language."
- DD. 1973-74 Drama Club.
- F. Majorettes perfect a new routine.
- G. Practice before a pep rally
- H. Presenting the 1973-74 VHS Majorettes.



















DECA and VICA Attend Conventions

As loyal supporters of the Distributive Education program, members of the DECA club at Valdese sported a very exciting slate of events. The club attended several conventions, which demonstrated to the students many new job opportunities and ways in which to be prepared for these. Several members returned with plaques, certificates, and other awards.

Although smaller in membership, the VICA club kept up with its counterpart in presenting its constituents with new information in employment areas. Bringing home awards also, this club added its facet to complete the full realization of the Occupational Educational program.

- A. B. Carswell expresses the joy of a VICA meeting.
- B. Mr. Brittain searches for the answer to a question.
- C. The 1974 VICA Club.
- D. The 1974 DECA Club.
- E. A. Newton conducts a VICA meeting.
- F. Mr. Hildebran presents to K. Browning awards she has won.
- G. W. Stephens works carefully to complete a newspaper ad section which brought him an award.
- H. Mr. Brittain shows that he is happy in his new Valdese classroom.

















Clubs Learn From Experience

Preparing for the world of the future, the FHA and FTA instilled a sense of awareness for tomorrow in their members. Exploring possibilities in the teaching profession, FTA members examined the latest developments in teaching. FHA members learned to live harmoniously in a family.

Through group effort and under the direction of Mrs. Braswell, the FTA set up a program where members could teach primary, elementary, and Jr. high grades during their study halls. At monthly meetings, the members studied basic techniques of teaching. Through this they learned the importance of the individual and developed concern for others.

Led by Sponsor, Mrs. Hammond, the FHA encouraged its members to learn about the arts of cooking, sewing, and child care. At club meetings, the girls gained knowledge by participating in programs with guest speakers and demonstrations dealing with all areas of domestic life.

- A. Mrs. Passmore speaks to FHA on the Day Care Center.
- B. FHA learns the skills of homemaking.
- C. C. Plemmons and G. Fisher are instructed on Kuder Preference Tests.
- D. Officers J. Warlick (p), T. Dale (vp), S. Graham (s), and N. Lowman (t), increase their knowledge of teaching small children.
- E. J. Henry, M. Huffman, C. Martin, and K. Martin serve refreshments to FHA members.
- F. Future teachers build for the future.
- G. FTA members learn from experience.H. Mrs. Braswell helps make decisions while
- R. Pennell and C. Plemmons look on.

 I. FHA members are entertained by L. Mc-
- 1. FHA members are entertained by L. Mc-Coury, M. Huffman, C. Martin, and J. Henry.
- J. J. Warlick presides over monthly meeting.





















HC And FCA Clubs Devote Themselves To Aiding Mankind

Made up of those who chose to devote their lives to helping mankind, members of the Health Careers Club at VHS functioned well to make humble beginnings for lifetimes of service to others. Having guest speakers frequently, this organization provided a good foundation into the possibilities in health-related professions. Although members strongly desired to attend the convention of the Health Careers Clubs of North Carolina in the spring, under the influence of the Energy Crisis, they chose to make this sacrifice to help in a time of crisis.

Although one of the smaller clubs at VHS, the Fellowship of Christian Athletes took on a tremendous task. Throughout the year, this club strived to promote attitudes of spiritual and mental development as well as those of good sportsmanship. These athletes endeavored to demonstrate that athletics are more than just competitions, but may also be faucets for growth and enrichment.













- D. Metsger serves as President of the Health Careers Clubs of North Carolina for 1974. Health Careers Club members learn the uses of various biological
- devices.
- The Health Careers Club prepares its members for the future. Striving for better attitudes toward athletics, the Fellowship of Christian Athletes stands out as the only religiously-oriented school or-
- ganization.

 K. Rector and M. Huffman find models almost as helpful as Mr. Hipps in their study of the body.

 T. Lail, S. Poarch, M. Glasbrooks, and D. Metsger use current materials to learn of the new breakthroughs in science.

VHS — Hey We're Glad You're

The 1973-74 cheerleading squads began preparing themselves for football season with long practices in the summer. During the week July 15-20, the Varsity squad attended cheerleading camp at East Carolina University and returned with Grand Champion honors! The squad was made up of 3 Seniors, 3 Juniors, and 2 Sophomores, and together they brought home new sweaters and pompoms.

After returning from camp, the Varsity and the J.V. squads worked together to better themselves in spirit boosting. Another helpful improvement came when Hajji Biddix became

Tiger mascot.

Activities for the football season included pep rallies, pep teas, and the presentation of a good-luck wreath for the Homecoming game. Basketball season brought more pep rallies and teas. A special tea was given on Valentine's Day to honor the teams for the last home game. For the second year, the cheerleaders served as "bat girls" for the baseball team.

Ending the year, plans were made for tryouts for next year's cheerleaders. It was an exciting year — a lot of

work, but a lot of fun.











- J.V. cheerleaders for the '73-'74 season are: L. Reece, J. Abee, D. Robinson, P. Link, S. Pons, and J. Butler. S. Pons, D. Robinson, and T. Lambert show their abilities with a stunt formation.
- Varsity cheerleaders boost their team as the starting lineup is introduced.

D. J.V. cheerleaders intently watch their team at work.

- D. Lambert and K. Brinkley arouse the fans with a yell "Go Tigers Go." E.
- F. Cheerleaders receive flower corsages from the basketball players in appreciation of their support.
- R. Rollins, K. Brinkley, D. Lambert, and D. Wallace find Freedom's cheerleaders interesting as well as amusing. "Give it all you've got" yells Tiger mascot H. Biddix.
- A. Willis, R. Hamby, and J. Edwards wrap goals for another home game. Head cheerleader, D. Wallace, serves as "bat girl" for the baseball team.
- Varsity cheerleaders are D. Wallace, J. Edwards, R. Rollins, A. Willis, R. Hamby, T. McGuire, K. Brinkley, and D. Lambert.

Here — Everybody CHEER!









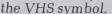




Clubs Keep Alive VHS Spirit

School spirit, fair play, and sportsmanship — these were the characteristics displayed by students from all four classes who comprised the Pep Club. This year, wherever the action was — Pep Club was well represented. In the fall, members lined the field to cheer the football players on at almost every home game. They let their presence be known during basketball games by their spirited yells and constant support of our teams during their last season. Each member represented the school to the best of his ability and strove to keep alive the traditional Valdese High spirit.

Another spirited organization, the Monogram Club, is composed of athletes, cheerleaders and band members who have been awarded varsity letters. These students are outstanding in their dedication, participation and skill. The club's purpose is to try to advance the causes of athletics and to create unity among the wearers of















- The hard-earned letter jacket displays VHS honor.
 1973-74 Monogram Club.
 1973-74 Pep Club.
 Pep Club's float wins first place in the "Most Original" category.
 YEA A AH H H!!!
 Valdese students travel to Freedom to support the Tigers at their last game.











A.) B. McRary and T. Icard study modern techniques of photography. B.) B. McRary demonstrates his skill of cliff climbing. C.) Mountaineer Glub members take a break. D.) G. Zimmerman practices darkroom techniqes. E.) These mountains are explored by Mountaineer Glub members. F.) Mr. Miller explains film processing to D. Owens. G.) Rappelling is demonstrated by a Mountaineer Glub member. H.) E. Queen gives K. Berry a friendly push. I.) Special moments are captured by Photography Glub members. J.) D. Berry prepares for an afternoon of rappelling.







Photographers Learn Techniques

Aclick and a quick flash and another surprised student becomes a subject for a Photography Club member. However, before members could take pictures, they spent time learning the various techniques of photography. At Saturday workshops, members practiced their basic skills and learned to develop film. Through much practicing, some hoped to master a hobby which may help them in the future in their profession.

For those who liked to explore the out-of-doors, the Mountaineer Club fulfilled their wishes. After the first excursion, new members were rather doubtful because of sore muscles but were determined to go on. Trips taken by members to Hawk's Bill, Short-Off, and Grandfather Mountains did not leave much of the North Carolina Mountains unexplored. Brave students learned to rapel off mountain cliffs. After a year of hiking, many came to appreciate mother nature.



Clubs Honor Their School

Helping with the Halloween Carnival at the Community Center was Interact's first successful service project of the year. With the money that was raised from selling doughnuts, they were able to continue their support of the Indian child, Mary Kumarie Kunde. Members contributed a float to the Homecoming Parade which captured the title of Best All Around. They organized plans for making bicycle trails in Valdese and helped to form a new Interact Club at Freedom High.

An informative trip to UNC at Chapel Hill to tour the library began an eventful year for the VHS Library Club. Next, they traveled to the Northwestern District meeting of the North Carolina High School Library Association at Glen Alpine. They honored the teachers with a Christmas Luncheon and a Tea to view the art exhibits. Throughout the year the Library Club organized books and other materials to prepare for the new East Burke Library.

Interact Club float captures title of "Best All Around".

The 1974 Interact Club.

S. Goins looks up the location of a book in the card catalog.

G. Smith and B. Henson clean shelves, pack books for East Burke.

M. Greene helps in re-organizing card catalog.

Mrs. Reitzel revises and compiles library files for East Burke.

Kathy Berry discards outdated magazines.

G. Goins edits magazine files.
The 1974 Library Glub. "Woe be to him who reads but one book." —Prudentum





















Clubs Work To Improve School

The French Club increased in membership this year as more interested French students took part. Money raised by collecting dues and their share from the school-wide candy sales was put to good use. They purchased equipment for the French Department and upon graduation they awarded scholarships to two deserving seniors who had excelled in French.

Senior NHS members presented a fall assembly to emphasize the qualities of scholarship, service, leadership, and character. They also recognized the teachers with red grading pencils and candy. New members became actively involved in their first project of baking pies, cakes, and cookies to donate to the hospital bazaar. Then they placed pine needles around the school's azaleas to protect them during winter. Each clubs' efforts to improve school life was evident throughout the year.





- A. French Club: C. Arnold (t), S. Graham (vp), T. Dale (p), and sponsor Mr. Sweezy discuss material for upcoming meeting.
- B. Club displays French national flag.
- C. New NHS members light their candles as they take the membership pledge.
- Dressed as raindrops, R. Hamby, C. Arnold, and V. Eckard explain the qualities of NHS.
- E. and F. Senior and Junior NHS members "give a crap" about their school.
- G. VHS National Honor Society.
- H. Farmer Fletcher oversees Goose Creek Farm in NHS assembly.













Bus Drivers Fight Noise, Traffic, Yet Drive Safely

It takes a special kind of person to be a bus driver. The job requires responsible, skilled drivers who can be relied on to transport students safely to and from school. VHS has such people, who battled the extra strain put on them by Daylight Savings Time during winter months without a single

Through the year, they developed such qualities as concentration, patience, and defensive driving. Their services proved invaluable to the VHS athletes.

Their year's experience will prepare them to drive the new East Burke





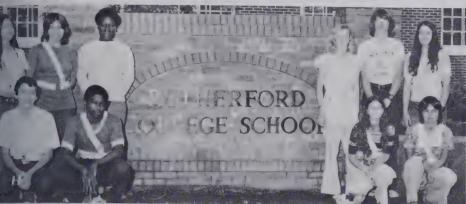




















Eighth Graders Are Involved

Eighth graders from both Rutherford College and Valdese spent an active year preparing to become the first class to enter Valdese Junior High.

Valdese students formed a Student Council which proved to be a service club. A group of devoted students served as Safety Patrol members to assist teachers on bus duty. Another group was responsible for raising and lowering the flag each day. Students worked in the school store in the morning to provide school supplies.

There were three major moneymaking projects sponsored by the Valdese eighth graders. Students raised \$125 from a wrestling match, \$150 as proceeds from their talent show, and over \$500 from the sale of PE shirts. This money was contributed to the new reading program at the Valdese Elementary School.

Rutherford College students formed a Student Government Association to create good sportsmanship and better relationships between students and teachers.

The 1973-74 Library Club's main objective was to provide a better understanding of their Resource Center. Members helped students and teachers to locate and use the many sources of available information.

A Projectionist Club, led by Daniel Buchanan and Mr. Wayne Honeycutt, was organized to teach members to operate film projectors, tape recorders, cameras, etc. They were responsible for helping teachers with this equipment.

The RC Safety Patrol occupied every position around school grounds which needed attention.

The RC Rock & Mineral Club learned to identify and transform raw materials into stones for ring mounts and other jewelry. They learned the skills and techniques used in lapidary.

- A. Bus drivers discuss paychecks.
- B. K. Smith waits while his bus loads.
- C. D. Owens discusses his bus route.
- D. Bus Drivers' Club.
- E. T. Carswell fills out bus report.
- F. This road is not passable, nor even jackassable.—Douglas
- G. R. C. Student Council.
- H. R. C. Eighth Grade Safety Patrol.
- . R. C. Eighth Grade Class Officers.
- J. R. C. Rock Club.
- K. Valdese School Store Helpers.
- L. Valdese Eighth Grade Safety Patrol.



























INDIVIDUALS

Small But Proud — Class of '74

Finally . . . after three years of High School, members of the Class of '74 held the coveted title of "Senior". Small but proud, the class entered the halls of VHS for their last year and what a year it was! First came the initiation of the freshmen on Rat Day, when all seniors wearing senior tags smeared the low freshmen with shaving creme and lipstick. The privilege of off campus lunches was enjoyed by all seniors although most of them already had the experience. Then came the hassels of retaking SAT, Armed Forces tests, and various other achievement and aptitude tests as seniors began thinking about their futures. Decisions of whether to work or continue their education became realities instead of dim ideas.

As the year progressed, excitement was seen on the face of every senior as plans began to develop for their last Jr.-Sr. and especially for their own private little senior activities such as class picnic, class day, and finally graduation. With the turning of their tassels and the singing of the Alma Mater, the curtain closed on four years of fun, work, and friendship for the Class of 1974.

A. Senior Class Officers: R. Fletcher (P), D. Lambert (Treas.), D. Wallace (Sec.), and B. Ward (VP).



Janet Abernathy





Karen Baker



Tony Baker



Roxie Benton



John Berry



Louis Bounous



Mike Brittain



Kay Browning



Bruce Buchanan



Rosemary Burns



Laura Campbell

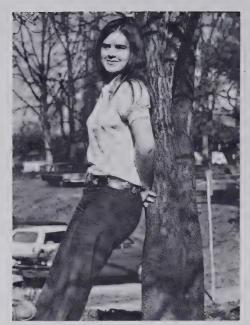


Greg Cannon





Donna Capps



Nancy Carroll



Brad Carswell



Cindy Carswell



Teresa Carswell



Mark Chapman



Terry Coulter



Teresa Dale



Martha Dingler



Valerie Eckard



Randy Fletcher



Tommy Garrou



Linda Giles



Shelia Goins



Sharon Graham



- VP B. Ward measures B. McRary for his graduation cap.
 G. Sams adjusts M. Chapman's cap in preparation for the Baccalaureate service.



Mary Ann Green



Peggy Hager



Robin Hamby





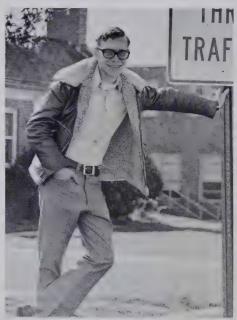
Rie Heilman



Charles Huffman



Mildred Huffman



Jerry Laboda



Mary Lackey

- Senior class decides on mascots for graduation. K. Baker, L. Bounous, and D. Lambert work on class day program.



Audrey Lail



Teresa Lail



Debbie Lambert





Kay Ledford



Teresa Lowdermilk





Diane Martin



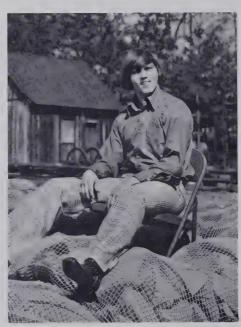
Kathy Martin



Junior Martinat



Tommy Munday



Kile McClure



Steve McGuire



Phyllis McKinney



David McLean



Barry McRary



Ann Newton



Karen Norris



Derrick Odom



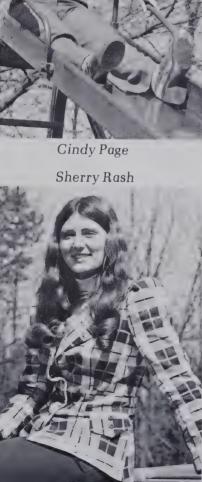
Jannette Piercy



Chris Propst









Kathy Robinson



Kevin Ross



David Rust



Ginger Sams



Sammy Simpson





Charleen Smith





Jeff Smith



Wayne Stephens



Cathy Taggart



David Thompson



LaVenta Turner



Robert Vinay



Debbie Wallace



- S. McGuire, S. Rash, and C. Page finish ironing the last graduation gown just in time for pictures. T. Lowdermilk finds herself in a daze as she prepares for end of the year activities. J. Smith and K. Norris patiently wait for other class members to arrive for graduation practice.



Bill Ward



Jeannine Warlick



Pam Warlick



Wayne Wheeling



Spain Widenhouse



Judy Williams



Robert Williams



Rhonda Woodward

A. C. Smith, S. Widenhouse, and S. McGuire take advantage of the junior class hospitality at the Jr.-Sr. luncheon.

Senior Statistics

Janet Abernathy

French Club 4; Pep Club 4; Monogram 2, 3, 4; FHA 4; FBLA 4; Girls Basketball 2, 3, 4 (Most Outstanding 4); Teenager of the month award 3.

Cindy Arnold

Pep Club 1, 2, 3, 4; Drama Club 1; Interact Club 1, 2, 3, 4 (Board of Directors 3); French Club 2, 3, 4 (Treasurer 4); Anchor Club 2, 3, 4 (Board of Directors 3, 4); Jr.-Sr. Waitress 2; National Honor Society 3, 4; Junior Marshal 3; Who's Who Among American High School Students 3; May Court 4; IMPERSONATOR Staff 4; Homecoming Court 4; Outstanding American High School Student 4; Honor Student 4.

Karen Baker

Drama Club 1, 2, 3, 4 (President 4); Interact Club 1; Student Council and Interclub Council 4; Voice of Youth 2, 3; Band 4; French Club 4; Pep Club 3, 4; Health Careers Club 4.

Tony Baker

D.E. Club 3, 4; Key Club 3.

Roxie Benton

J.V. Cheerleader 1; Basketball 2, 3, 4; French Club 2, 3, 4; Monogram Club 2, 3, 4; Pep Club 1, 2, 3, 4; Health Careers Club 2; Drama Club 3; May Court 4.

John Berry

Monogram Club 3, 4; Pep Club 1, 2, 3, 4; Football 1, 2, 3, 4; Track 1, 2, 3; Wrestling 4.

Louis Bounous

Monogram 1, 2, 3, 4 (President 4); Interact 2, 3, 4; FCA 3, 4; Student Council 1, 2, 3, 4; Interclub Council 4; Youth Enterprise 3, 4; Track 1, 2, 3, 4; Basketball 3, 4 (J.V. 1, 2); Football 3, 4 (J.V. 1, 2); Outstanding Senior 4.

Mike Brittain

Monogram Club 1, 2, 3, 4 (Vice Pres. 4); Football 3, 4; Wrestling 1, 2, 3, 4

(Most Outstanding 2, 3, 4); Wrestler of the Year 4; Morehead Nominee 4; Jr.-Sr. Waiter; Junior Marshal 3; Honor Student 4; English Award 3.

Kay Browning

Pep Club 1, 2, 3, 4; Drama Club 1, 2; French Club 2, 3, 4 (Sec. 4); Anchor Club 3, 4; DECA 4 (Sec. 4); DECA Sweetheart 4; DECA Young Woman of the Year (First place); Homecoming Court 4; Christmas Court 4; Honor Student 4; Freshman Service Club 1.

Bruce Buchanan

Band 1, 2; Basketball 1.

Rosemary Burns

Band 1, 2, 3, 4; Majorette 2, 3, 4; FBLA 4; Echoes Staff 4; Drama Glub 3, 4; Pep Glub 2, 3, 4; French Glub 3, 4; Homecoming Court 4.

Laura Campbell

DECA Club 3, 4; Chorus 4.

Greg Cannon

Pep Club 1, 2, 3, 4; Interact Club 1; Drama Club 4; Alternate to Boys' State 3; Who's Who Among American High School Students 3; Burke County Chorus.

Donna Capps

J.V. Cheerleader 1; Chorus 3, 4; Pep Club 1, 2, 3; Drama Club 1, 2, 3; French Club 2; DECA Club 4; Parliamentarian of DEGA Club.

Nancy Carroll

Chorus 3, 4; ICT 4 (Parliamentarian 4); FHA 3.

Brad Carswell

Baseball 1, 2; VICA 4 (Vice President 4).

Cindy Carswell

FTA 4; FBLA 4; VICA 3, 4 (Secretary 3), (Sec.-Treasurer 4); Library Club 1.

Teresa Carswell

FTA 2; Forensic Society 2; Pep Club 3: Band 1, 2, 3, 4 (Allstate Band

Clinic 1, 2, 3, 4); Student Council 4; Tiger Time 4; Bus Driver 3, 4 (Vice Pres. 4).

Mark Chapman

Baseball 2, 3, 4; Football 4; Basketball 2, 3, 4; Monogram Club 3, 4; Pep Club 3, 4.

Terry Coulter

Pep Club 2, 3, 4; DECA Club 4.

Teresa Dale

J.V. Cheerleader 1; Pep Club 1, 2, 3, 4; Drama Club 1, 2, 3; French Club 2, 3, 4 (President 4); FTA 2, 3, 4 (Vice Pres. 4); Student Council 4; Homecoming Court 4; Christmas Court 4.

Martha Dingler

FHA.

Valerie Eckard

National Honor Society 3, 4; Anchor Club 2, 3, 4 (Vice Pres. 3, Pres. 4); Interact Club 2, 3, 4 (Secretary 3); Pep Club 2, 3; French Club 2, 3; Student Council 3, 4 (Representative 3, Inter-Club 4); IMPERSONATOR Staff 3, 4 (Editor 4); J.V. Cheerleader (Co-captain); Daughters of the American Revolution Good Citizenship Award 4; Who's Who Among American Student 4; Honor Student 4; Girls' State Delegate 3; Christmas Court 2, 4 (Queen 4); Homecoming Court 4.

Randy Fletcher

Monogram Club 3, 4; Pep Club 1, 2, 3, 4 (Pres. 3); Key Club 3, 4 (Vice Pres. 3, 4); Student Council 1, 2, 3, 4 (Inter-club Council 2, 3, 4); Track 1; President of Class 2, 3, 4; Interact Club 1, 2, 3; National Honor Society 3, 4; Honor Student 4; Basketball 1, 2, 3, 4 (Most Valuable Player 4); Tennis 2, 3, 4; French Award 2; Geometry Award 2; Speaker of Representative Council 4; Governor's School 3; Burke County Morehead Nominee 4; Who's Who Among American High School Students 4; Math Award 4; Optimist of Boy of Month.

Tom Garrou

Basketball 2, 4; Track 2; Monogram Club 4; Football 1; Tennis 4; Pep Club 1, 2, 3, 4; Chess Club 1, 2; Who's Who Among American High School Students; Boys' State 3; Physical Science Achievement Award; Biology Club 2.

Linda Giles

Drama Club 2, 3, 4; French Club 2, 3; Pep Club 2, 3, 4; Chorus 4.

Shelia Goins

Mountaineer Club 2, 3, 4; FHA 1; Library Club 4; Pep Club 3; Echoes Staff 4.

Sharon Graham

Pep Club 1, 2, 3, 4 (President 4); French Club 2, 3, 4 (Vice Pres. 4); Monogram Club 3, 4 (Treasurer 4); FTA 4 (Secretary 4); Student Council 4; Interclub Council 4; Christmas Court 4; May Court 4; Drama Club 2, 3; Girls Basketball 2, 3, 4; Tennis 2, 3, 4.

Mary Ann Green

Library Club 2, 3, 4; FHA 3; Echoes Staff 4.

Robin Hamby

Student Council 2, 3, 4; Monogram Club 3, 4; French Club 2, 3, 4; Drama Club 1, 2; National Honor Society 3, 4; Pep Club 1, 2, 3, 4; J.V. Cheerleader 1; Varsity Cheerleader 3, 4; Homecoming Court 4; Christmas Court (Maid of Honor 4); May Court 4; Jr.-Sr. Waitress 2; Honor Student 4; Outstanding American High School Student 4; Class Secretary 1.

Margaret Heilman

Drama Club 2, 3, 4; Pep Club 2, 3, 4.

Charles Huffman

Baseball 2, 3; Pep Club 1, 2; Mountaineer Club 3, 4.

Mildred Huffman

FHA 2, 3 (Treasurer 3, President 4); Pep Club 4; FBLA 4; Echoes Staff 4; Mountaineer Club 1, 2; Chorus 2, 3, 4.

Jerry LaBoda

Library Club 2, 3, 4; DECA Club 3, 4.

Mary Lackey

DECA Club 3, 4; Library Club 1, 2, 3, 4.

Audrey Lail

FBLA 2, 3, 4 (Vice Pres. 4); Pep Club 4; Inter-club Council 4; IMPER-SONATOR Staff 4; Tiger Time 4; Echoes Staff (Editor 4); Junior Marshal 3 (Chief); Honor Student 4.

Teresa Lail

Band 1, 2, 3, 4 (Secretary 3, 4); Majorette 2, 3, 4 (Head 4); FHA 2; Pep Club 2, 3, 4; Drama Club 2, 3, 4 (Treasurer 4); Class Secretary 2, 3; Student Council 2, 4 (Interclub Council 2, 4); Bus Drivers Club 3, 4 (President 4); Monogram Club 2, 3, 4; FBLA 4; FTA 4; Health Careers Club 4; Tiger Time 4; Tennis 2, 3, 4; Christmas Court 3, 4; Homecoming Court 4; May Court 4; Youth Appreciation Award 4; Who's Who Among American High School Students 4.

Debbie Lambert

Anchor Club 2, 3, 4; Monogram Club 3, 4; Chorus 4; Pep Club 1, 2, 3, 4; French Club 2; J.V. Cheerleader; Varsity Cheerleader 2, 3, 4; FHA 4; Class Vice-President 2; Class Treasurer 4; Homecoming Court (Maid of Honor) 4; Christmas Court 3.

Mary Lankford

Director's Award 4; Outstanding High School Band Member 2; Band 1, 2, 3, 4; All-County Chorus 3, 4; Tennis 2; Monogram Club 3; Pep Club 4; Chorus 3, 4; Optimist Appreciation Award 4; Interact Club 1, 2; Drama Club 4; FTA 4; Student Council 1; Band Librarian 2, 3, 4.

Kay Ledford

Chorus 1, 2, 3, 4; Mountaineer Club 2; Pep Club 4.

Teresa Lowdermilk

FHA 1, 2; Pep Club 3, 4; Health Careers Club 3, 4; FBLA 4; Echoes Staff (Reporter) 4; Christmas Court 3; May Court 4.

Diane Martin

Library Club 1, 2, 4; VICA 3, 4.

Kathy Martin

Library Club 1; FHA 2, 3, 4 (President 3, Vice Pres. 4); FBLA 4; Student Council 3; Inter-club Council 3.

Junior Martinat

Football 1, 2, 3, 4; Basketball 1, 2, 3, 4; Track 1, 2, 4; Monogram Club 1, 2, 3, 4; French Club 3; Class Vice President 3; Interact Club 1, 2; President Student Body 4; Outstanding American High School Student 4; Who's Who Among American High School Students 3; Pep Club 3, 4.

Tommy Munday

VICA Club 3, 4.

Kile McClure

J.V. Football 1, 2; Varsity Football 3, 4; Track 1, 2, 3, 4; Wrestling 1, 2, 3, 4; Monogram Club 1, 2, 3, 4; Dr. C.K. Lynn Award for Football 4; Player of the Week Award 2, 4.

Steve McGuire

Pep Club 3, 4; Monogram Club 1, 2, 3, 4; Football 1, 2, 3, 4; Track 1, 2, 3; Wrestling 1, 2, 3, 4; All-Conference Wrestler 4; Optimist Appreciation Award 4; Drama Club 4; FCA 4; Chorus 3, 4.

Phylis McKinney

FHA 2, 3, 4.

David McLean

Pep 1, 2; Chess Club 2.

Barry McRary

Monogram Club 3, 4; Pep Club 1, 2, 3, 4; Photography Club 4; Mountaineer Club 4; Chorus 4; Football 1, 2, 3, 4; Track 4; Tennis 2.

Ann Newton

ICT I & II; Christmas Court 3; Pep Club 1; Chorus 4.

Karen Norris

Pep Club 1, 2, 3, 4; French Club 2, 3, 4; Interact 2, 3; Anchor Club 2, 3, 4 (Treasurer 4); Monogram 1, 2, 4; Girls Basketball 1, 2, 4 (co-captain

4); Jr.-Sr. Waitress 2; Junior Marshal 3; National Honor Society 3, 4 (President 4); Honor Student 4; Homecoming Court 4.

Derrick Odom

Band 1, 2, 3, 4; Track 2, 3; Mountaineer Club 2.

Cindy Page

FHA 1, 2; Biology Club 2; Band 1, 2, 3, 4; Drum Majorette 2, 3, 4; Pep Club 1, 2, 3; Chorus 2, 3.

Jannette Piercy

French Club 2, 3, 4; FBLA 4; Echoes Staff 4; FHA 4; Monogram 1, 2, 3, 4; Girls Basketball 1, 2, 3, 4.

Sherry Rash

Band 1, 2, 3, 4; Drama Club 4 (Vice Pres.); Echoes Staff 4; FBLA 3, 4 (President 4); FHA 2, 3 (Vice Pres. 3, County Parliamentarian 4); FTA 4; Majorette 3, 4; Pep Club 2, 3, 4; Student Council 4; Tiger Time 4; May Court 4.

Kathy Robinson

Photography Club 1; Library Club 1, 2, 3; VICA Club 3, 4; FTA 2.

Kevin Ross

DECA Club 4; J.V. Football 1, 2; J.V. Basketball 1, 2; Interact Club 2.

David Rust

Chess Club 1, 2, 3 (Sec.-Treas. 3); Pep Club 1, 2, 3, 4; Monogram Club 2, 3, 4; National Honor Society 4 (Vice Pres.); Wrestling 1, 2, 3, 4; FCA 3; Boys' State Delegate 3; Outstanding American High School Student 4.

Ginger Sams

Echoes Staff 4; FBLA (Secretary 4); French Club 1, 2; Health Careers Club 2.

Keith Satterwhite

Pep Club 1, 2, 3, 4; DECA Club 4.

Sammy Simpson

Student Council 1; Track 3; Football 4; DECA Club 4.

Charleen Smith

Band 1, 2, 3, 4 (Secretary 2, Vice Pres. 3, President 4); All State Band 2, 3, 4; Cannon Music Camp Scholarship 2; Outstanding Band Member 2; Outstanding Sr. Band Member 4; Class Vice President 1; Student Council 1, 3, 4; National Honor Society 3, 4 (Vice Pres. 3, Treasurer 4); Anchor Club 3, 4; FTA 1; French Club 2; Drama Club 1; Jr.-Sr. Waitress 2; Junior Marshal 3; Honor Student 4; French II Award 2.

Wayne Stephens

Monogram Club 1; Varsity Manager 1; Pep Club 2, 3; Key Club 3, 4; Track 2; Junior Marshal 3; Honor Student 4; DEGA 4 (Historian 4).

Cathy Taggart

Library Club 1, 2, 3, 4; FHA 2, 3; DECA Club 3, 4; FBLA 3.

David Thompson

Student Council (Treasurer 3); Key Club 3, 4 (Treasurer 4); Pep Club 2, 3, 4; Interact Club 3, 4 (Treasurer 4); FCA 4; Chess Club 3; Photography Club 1; Monogram Club 2, 3, 4; Who's Who Among American High School Students 4; Baseball 1, 2, 3, 4; Band 1, 2; Chorus 4.

LaVenta Tucker

Drama Club 2; FHA (Historian 2); French Club 3; Pep Club 3, 4; Chorus 3, 4; Echoes Staff 4; Betty Crocker Family Leader of Tomorrow Award 4; Mars Hill Choral Clinic 4; Chorus Award 4; Outstanding American High School Student 4; Optimist Appreciation Award 4.

Robert Vinny

Chess Club 1, 2, 3; Interact Club 2, 3, 4 (President 4); Pep Club 1, 2, 3, 4; Photography Club 4; Student Council 4; Interclub Council 4; Jr.-Sr. Waiter 2; Outstanding High School Student 4.

Debbie Wallace

Pep Club 1, 2, 3, 4; Interact Club 2, 3; Monogram Club 2, 3, 4 (Sec. 4); Anchor Club 3, 4; J.V. Cheerleader (Capt.); Varsity Cheerleader 2, 3, 4 (Capt. 4); French Club 2, 3, 4; Na-

tional Honor Society 3, 4; Jr.-Sr. Waitress 2; Junior Marshal 3; IM-PERSONATOR Staff 4; Christmas Court (Maid of Honor 3); Teen Council 1; Homecoming Queen 4; Girls State Delegate 3; English Award 3; Student Council 1, 2, 3, 4; Class President 1; Class Treas. 3; Class Sec. 4; Honor Student 4; Outstanding American High School Student 4.

Bill Ward

Key Club 2, 3, 4 (President 4); Monogram Club 2, 3, 4; Student Council 2, 3, 4 (Vice Pres. 3); FCA 3, 4; Baseball 1, 2, 3, 4; Basketball 1, 2, 3, 4; Football 1, 2, 3, 4; Most Valuable Player in Baseball 3; All-Conference in Baseball 3.

Jeannine Warlick

Pep Club 1, 2, 3, 4; French 2, 3, 4; Drama Club 1, 2, 3, 4; FTA 2, 3, 4 (President 4); Health Careers Club 2; Board of Regents Putt-Putt 3; FBLA 4; Student Council 4; Inter-Club Council 4; IMPERSONATOR Staff 4; May Court 4.

Wayne Wheeling

Football 1, 2; Track 1, 2; Pep Club 2, 3; Mountaineer Club 3; DECA Club 4.

Spain Widenhouse

Anchor Club 3, 4; Monogram Club 1, 2, 3, 4; National Honor Society 4; Pep Club 3, 4; French Club 1; Girls Basketball 1, 2, 3, 4; Girls' State Alternate 3; Outstanding American High School Student 4.

Judy Williams

Echoes Staff 4.

Robert Williams

Football 1, 2, 4; Basketball 1; Track 2, 3; Monogram Club; Interact Club 1, 2.

Ronda Woodward

VICA Club 4.

Juniors Prepare For East Burke

With magazine sales starting in October, the Junior class began its most hectic year at VHS. After selling over \$2,000 worth of magazines, the class definitely deserved a week of lunches off campus. As the year progressed, Jrs. experienced the hassels of taking SAT, learning formulas in chemistry and last minute book reports in English and history.

The ordering of East Burke class rings, planning of VHS' last memorable Jr.-Sr., and competing for the honor of Junior Marshal highlighted the year. Ann Hammond, president, served as a member of the constitution committee for East Burke. With so many activities, 1974 proved to be a happy and memorable year for the Class of 75, and prepared them as seniors at East Burke.

Gregg Abee Sharon Aikens Mike Annas Teresa Annas

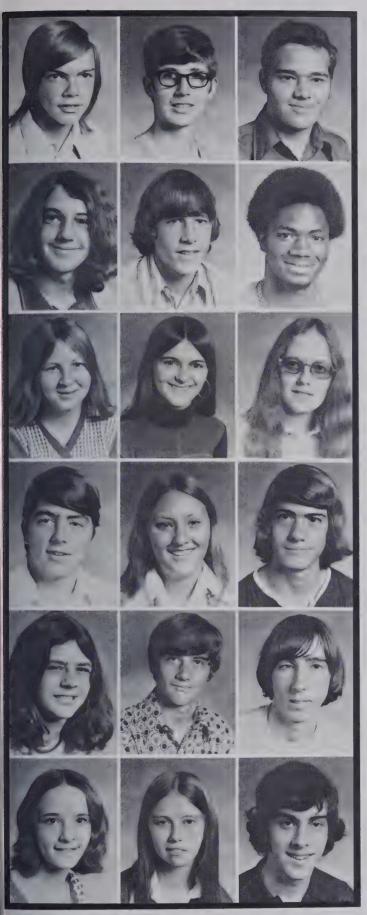
Sandra Ballard Marvin Barnes Karen Berry Randy Berry

Robert Bonner John Bounous Brenda Bowman Kay Braswell

Ginger Bridges Kathy Brinkley Danny Brown Brenda Buchanan







David Buchanan Jerry Buchanan Venie Buchanan Dale Bumgarner Bert Burgess Omega Campbell

Rick Carswell Randy Causby Debbie Clark Jo Clements Ronald Cook Sue Davis

Roy Deal Larry Dillingham Debra Dye Mark Franklin Rick Frizell Charles Gallagher





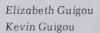
G. Lawrence searches for the right books for her next class. Junior Class officers A. Huneycutt (VP), A. Hammond (P), S. Ballard (S), and R. Rollins (T) put their leadership abilities "on dis-

J. Clements and S. Garrou explore the mammal anatomy. R. Lane and D. Rust use the library as an escape from classroom C. D. routine.

- A. K. Brinkley and R. Hyde share a few moments together between classes.
- B. Magazine records "stacked up" to show M. Annas, D. Williams, and N. Lowman top salesmen.



Susan Garrou Mary Glasbrooks



Ann Hammond Chris Harris





Mike Hefner Judy Henry Brenda Henson Kile Hice Jerry Hogan Luther Hoilman

John Hoyle Maria Huffman Allan Huneycutt Rick Hyde Alan Jenkins Jeff Kennedy





Dean Kincaid Stanley Lail Ricky Lane Debbie Lanier Gail Lawrence Norma Lowman

Philip Lowman
Pam McClure
Russell McGee
Denise Metsger
Larry Moon
Claudette Moose





Carolyn Nichols
Keith Ogle
David Owens
Byron Pearson
James Pearson
Debbie Pendergrass

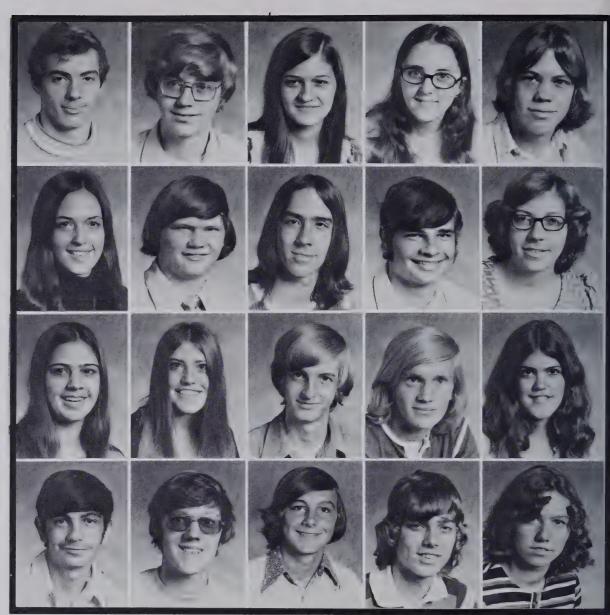
Sherry Poarch Jane Pons Ernie Powell Ellen Queen Karen Rector Kenneth Rector

Doug Reece Randy Reid Karen Rhoney Cheryl Robinson Roger Robinson

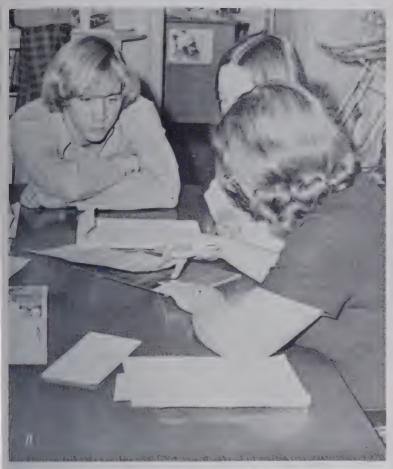
Rhonda Rollins Donald Rust Tracy Setzer Tim Skidmore Gita Smith

Jackie Smith
Kathy Smith
Kevin Smith
Mickey Smith
Kathy Southerland

Ricky Speagle David Spivey Kenneth Stamey Larry Stephens Teresa Tensley









Elizabeth Tolbert Terry Triplett

Kenneth Turpin David Van Horn

Brooks Warlick Dru Wheeling



Royce White Dana Williams Glenda Williams

Anita Willis Denise Yates Sandra Young



B.

U.S. History proves to be an enjoyable class to G. Williams, K. Braswell and V. Buchanan.
J. Hogan uses third period as a second break.
Glass officers A. Huneycutt and R. Rollins meet with Jr. Class sponsor,
Mrs. Massengill, to plan Jr.-Sr.



Sophomores Have Ups And Downs

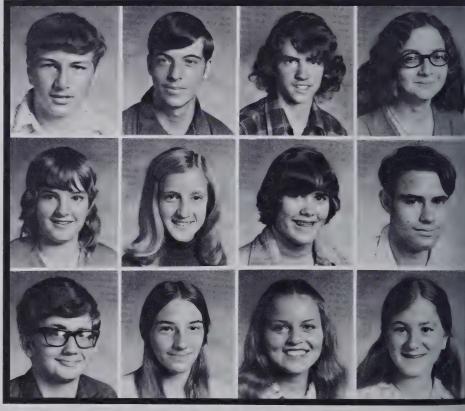
As the Sophomores of '74 entered the halls of VHS, they were no longer "green freshmen". Ahead of them was a year of ups and downs - getting their license, competing scholastically for Jr.-Sr. waiters and waitresses, winning a record number of pep rallies, dissecting in Biology, studying Julius Caesar and grammar in English, and getting caught sneaking off for lunch. All in all it was a memorable year-one that the Class of '76 would not soon forget.



Class officers K. Benfield (P), J. Edwards (Sec), T. McGuire (Treas), and V. McGuire (VP) lead class in preparation for East Burke.

Sophomore class members prepares for another winning pep rally.

S. Morrow and F. Dillingham turn in their candy sale's money to homeroom representative, A. Little.



Alan Abernathy Belinda Andrews Marc Annas

Mike Annas Donna Arnold Annemarie Baker

Roger Barlow Jennifer Barus Karen Benfield

Kathy Berry Hajji Biddix Caroline Bounous



David Bowman Karen Bowman Willie Bradshaw Scott Buchanan Holly Bumgarner Bill Butler

Wanda Campbell Carol Ann Carswell Cindy Causby Jimmy Coffey Ricky Cromwell Teresa Deal

Franklyn Dillingham Thomas Duncan Jan Edwards Larry English Alan Felker Clark Fletcher





Ralph Fox Tim Fox Lyle Garland

Cathy Garrou Tim Garrou Erika Glasbrooks

Gary Goins Kim Graham Dianne Greene

Doug Greene Ronald Green Teresa Guarino

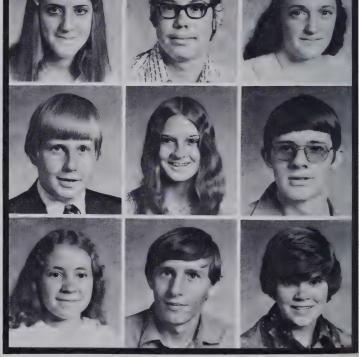


Glenda Hallman Ronnie Heavner John Heilman Philip Heilman Dean Hildebran









Debra Hyde Tim Icard Gail Ingle

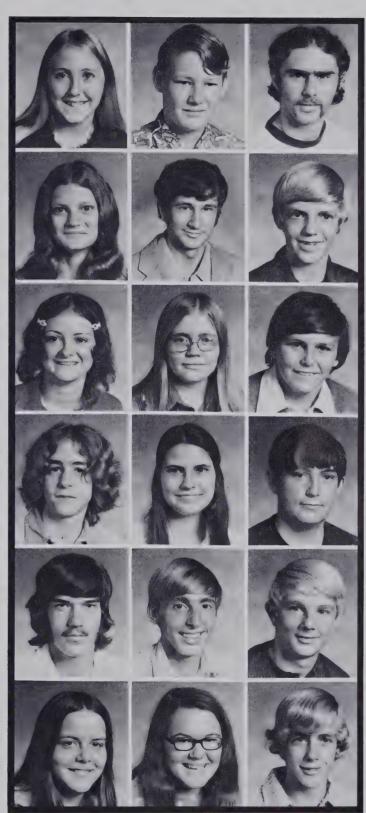
Bill Jacumin Cathy Johnson Brian Key

Kim Kincaid Wade Lail Audrey Little





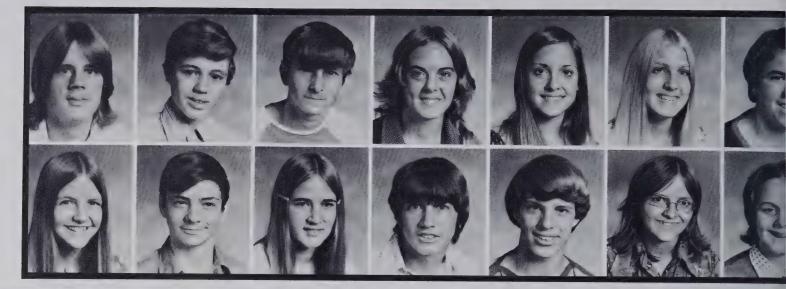
- T. Hogan, A. Baker, C. Bounous, and K. Garrou take advantage of a spring afternoon during lunch.
- A. Felker, K. Graham, and J. Heilman "hurry" back to school after lunch. В.
- E. McEntire, D. Arnold, A. Little, and T. McGuire discuss the upcoming class meeting.
 R. Heavner and D. Hildebran find working in the lab a break C.
- from classroom routine.



Dawn Ledford Elizabeth Ledford Vickie Ledford Dennis Lloyd Grant Lowman Rosella Lunsford

Benjamin Lutz Mike Martinat Kathy Maltba Cheryl Martin Danny Mason Cheryl Melton

Kent Metcalf Mark Micol James Mills Kenny Morrow Steven Morrow Roland Myers







Lynn Owens

Eddie Pascal

John Pascal

Richard Piercy

Cheryl Pittman

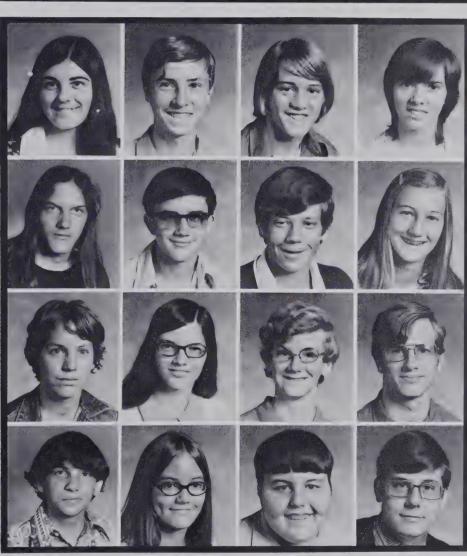
Cecila Ramsey

Cindy Ramsey





A. Mr. McKinney speaks to the sophomore class about fund raising ideas for East Burke.
B. P. Wright happily anticipates her next class.



Sonya Speagle Charles Stacey Mark Stafford Jerry Stines

Jeff Stoner Billy Sturgill Louise Sturgill Erin Turner

Ron Turner Bill Walker Craig Widenhouse Joey Williams

Martha Willis Pam Wright Robert York Chuck Zimmerman

Debbie Abee
Jean'A Abee
Jerry Abee
Arlene Abernathy
Billy Abernathy
Harriet Abernathy



Class Of '77 Is Last To Be Initiated

The freshman class quickly caught on to the routine of high school life with Rat Day 1973. Humiliated "rats" suffered the agonies of shaving creme, lipstick, raw eggs, and performing all sorts of "impossible" acts for seniors. But the freshmen held their own and really got into the swing of things at the Rat Day Assembly — their chance to hassel the seniors. The announcement of William Benfield and Robin Curtis as the last King and Queen of Rat Day climaxed the hectic day.

After their initiation the freshmen became involved in all phases of school activities. Led by officers Jeff Hyde (P), William Benfield (VP), Janet Newton (S), and Jeana Abee (T), the class displayed enthusiasm and school spirit by winning competition at pep rallies, working on Homecoming floats, and winning the schoolwide candy sale. At the end of a year of excitement, frustration, and fun, the Class of '77 was indeed accepted as a real part of VHS.

Terry Annas Gidget Auton Ronnie Baker Larry Baker Tim Barker Mark Benfield William Benfield

Hal Berry
Belinda Blevins
Margaret Bliss
Danny Bridges
John Brittain
Barbara Brown
Bernice Buchanan





ana Buchanan elores Buchanan Tanya Canipe icky Buff oug Burns oover Burns

Janie Butler Clinton Childers Dale Christian

Kenneth Church Nancy Church Mary Lee CarswellWalter Church Clyde Clements Donna Coffey

Terry Conklin Ronald Connelly Brian Conner Robin Curtis Anita Day

Like many other freshmen, P. Link suffers the agonies of shaving creme and lipstick on Rat Day.

Always affectionate, Jeff and Jerry display "brotherly love."
Scum freshmen, R. Gurtis, C. Guigou, C. Plemmons, T. Canipe, C.
Dockery, D. Buchanan, P. Lowdermilk, R. Pennell, D. Abee, S. Deaton, K. Setzer, perform for honorable seniors.







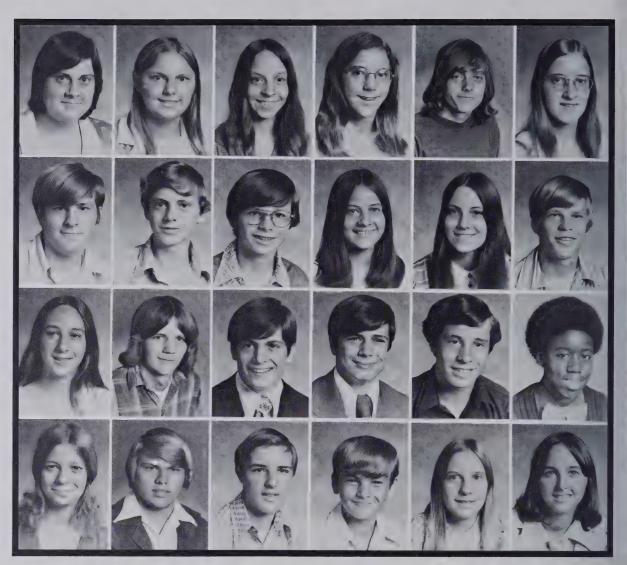
Wayne Day Donna Deal Susan Deaton Clyde Dillingham Kathy Dockery Chuck Drum James Edwards

Jeanette Ellison Ann Elmore Kevin Farris Gantt Fisher Ronnie Frye Janice Fulton Robbie Garrison Janice Glazebrooks Shelia Goodwin Debbie Green CarolAnn Guigou Andy Hall Frieda Harmon

Ricky Heavner Mike Hedrick Carl Hefner Lois Hoilman Debra Hoyle Mike Hoyle

Rebecca Hoyle Merlin Hughes Jeff Hyde Jerry Hyde Jeff Jacumin Charles Johnson

Becky Keever Keith Kennedy Jack Lackey Danny Lail Annette Lambert Teresa Lambert





- Freshman Class Officers; J. Hyde—Pres., W. Benfield—Vice-Pres., J. Newton—Sec., and J. Abee—Treas.
 At the end of another long day K. Wilson, J. Butler, and
- C. Plemmons hurry home to relax.
- R. Rector concentrates on the difficult D.A.T. test that all Freshmen are required to take.
 Freshman M. Benfield participates in Homecoming activities
- D. tivities.





Richard Lanier Charles Lawrence Mike Martin Cathy LeQuire Patty Link Pam Lowdermilk Mike Morris Charles Lunsford Teresa Murphy

Tina Lutz Howard Miller Judy Moody

Debra Murray Renee McClure LouAnn McCoury Rexanna Pennell Carol McCracken Miriam Perrou Myra McNeely Janet Newton

Debbie O'Quinn Danny Pendergrass Cindy Plemmons Kevin Poarch



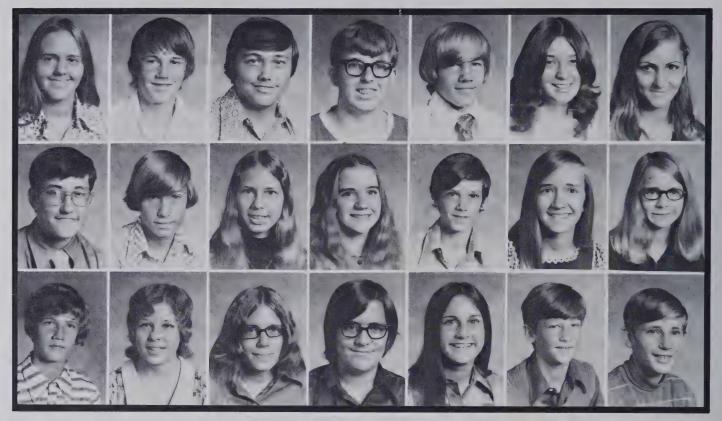


David Proctor Nancy Propst Candy Rector Russell Rector Lisa Reece Ricky Rhoney

Tim Rhoney Steve Richardson Kim Setzer Donna Robinson

Kathy Rowe Keith Shell

Rhonda Shuping Coleen Smith Dennis Smith











Robert Stamey Roma Stevens Cynthia Story Farrell Street Dallas Sturgill Linda Tester

Linda Turner Billy Vaught Gary Walker Diane Warlick Gene Warlick

Steven Tomlinson Barbara Watson Noel White Robert White William Whittington Brian Williams Karen Wilson

- L. Hoilman and R. Shuping look for bargains at the school store exhibit. Study hall proves to be the perfect time for R. Heavner, R. Piercy, and D. Kincaid to finish homework.
- J. Ellison helps keep the hall bulletin boards interesting and informative. P. Lowdermilk, T. Canipe, A. Lambert, S. Deaton, and B. Buchanan use
- their lunch period to catch up on gossip.

 Sixth period Algebra I students listen closely as Mr. Miller explains the fundamentals of math.





Involvement Is The Key

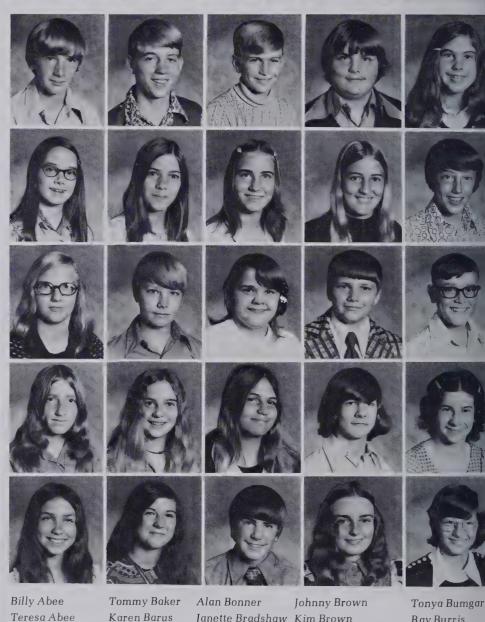
"Involvement" was the key word as eighth graders at Rutherford College and Valdese prepared to meet the challenges of the new junior high.

Physical fitness played an important part at both schools. Combined Rutherford College/Valdese football and basketball teams were formed providing valuable experience for future East Burke athletes. Spring brought in other sports as the eighth graders competed for positions on the softball teams and for ribbons in field day

Breaking away from classroom routines, students also found time for numerous extra-curricular activities. The Valdese eighth graders demonstrated wrestling techniques for the elementary and primary schools. They presented a talent show and many became members of the chorus, safety patrol, and student council. Students at Rutherford College became active members of the chorus, library, and projectionist clubs, and student government. They concluded the year by presenting a Class Day for Valdese eighth graders.







Janette Bradshaw Kim Brown

Narrisse Bravard Perry Buchanan

Daniel Buchanan

Kenneth Brinkley Nichaela Bumgarner Shelia Canipe

Mary Braswell

Sandra Abernathy Billy Benfield

Cindy Bennett

Cathy Berry

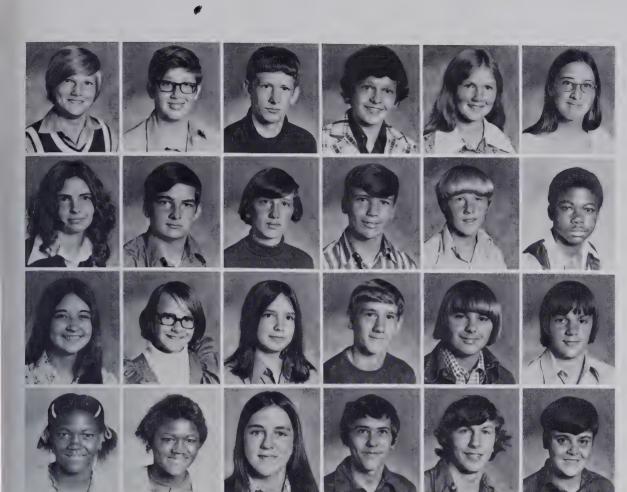
Glenda Albright

Tammy Anthony

Ray Burris

Troy Campbell

Kristie Capps



Joey Carswell Nickey Carswell Tim Carswell Randy Childers Cathy Christian Lori Church

Debbie Clark Ronnie Coleman Kent Conner Jerry Cook Ronnie Cook Amos Cromwell

Debbie Davis Martha Davis David Day Brian Deal Richard Deal Ricky Deaton

Delores Dillingham Phyllis Dillingham Renee Drum Jeff Duncan Kirk Duncan Don Edwards



- Students at Rutherford College enjoy dancing as a part of their physical education program.
- T. Rowe does research for a difficult term paper.
 The Valdese-Rutherford College eighth grade football team for 1973-'74.



Tamara Fie Alan Franklin Randy Franklin

Teresa Franklin Nelson Frizell Gene Garrett

Debbie Gober Bo Garrou Donna Garrou

Doug Gibbs Dottie Graham Hal Hallman

































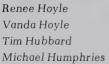














Patricia Hamby Robert Heavner Diane Hensley Kim Hice

Tammy Hinkle Teresa Hogan Judy Hollman

Terry Houston

- T. Carswell and T. McGee find studying together beneficial. R. Huffman and D. Buchanan use their spare time to get ahead with their А. В.
 - Members of the eighth grade girls basketball team for the '73-'74 season are: T. Hoyle, S. McCorkle, M. Pascal, R. Drum, D. Graham, P. Plemmons, T. Hinkle, G. Albright, K. Christian, D. Gober, and L. Robinson. Members of the eighth grade boys basketball team for the '73-'74 season: K. Brinkley, T. McGee, K. Reid, J. Carswell, T. Rhoney, R. Burris, T. Baker, A. Franklin, B. Deal, R. Deaton, S. Seagle, and D. VanHorn.





















Billy Icard Mari Beth Icard Carrie Jackson Dale Jackson Emilie Jacumin Kimberly Jacumin



Marty Lowder Sherry Lowman Mike Maltba Tony Marshall Leonard Medlin Eric Metsger



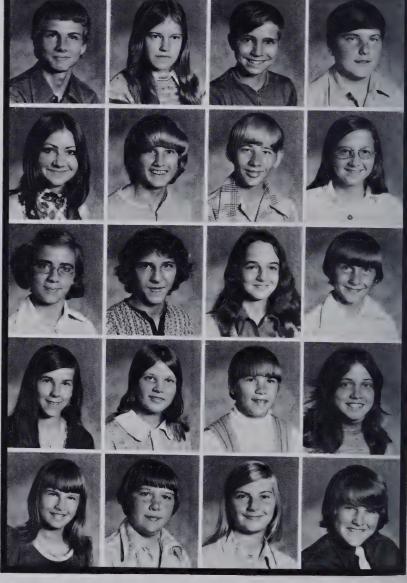






- Eighth grade cheerleaders for the 1973-'74 seasons are: L. Church, K. Hice, T. Bumgarner, K. Brown, P. Plemmons, C. Wilson, and B. Garrou.
 B. Abee displays his kicking ability during P.E.
 K. Capps and P. Stines apply basic math principles in solving problems on the board.
 R. Schull and D. Clark are pleased with their welldone bulletin board.

- done bulletin board.



Joe Minton Kathy Mitchell Janet Moose Donna McCracken Trina Nicols

Terry McGee Junior McLean Marie Pascal Marilyn McGracken David Norman

Susan McCorkle Eddie O'Quinn Bobby Owens Gary Piercy Pat Plemmons

Phillip Poarch Sherry Pons Doug Powell Brenda Proctor Kevin Queen

Tim Queen Kevin Reid Teddy Rhoney Terry Rhoney

Suzanne Rhyne Kenny Robinson Lisa Robinson Mike Ross

Tim Rowe Dennis Rust Randy Sain Danny Sanders Steve Seagle Ramona Shuffler Dean Smith Ramona Shull Kathy Shuping

Carla Smith Dwayne Smith Mike Smith

Penny Stines Cynthia Stirewalt Rick Turner Bobby Sturgill Dwight Tomlinson Donny Walker

Patricia Townsend Drew Van Horn







Crystal Yancey Cindy Wilson Della Yancey Edward Woodward Pam Zimmerman

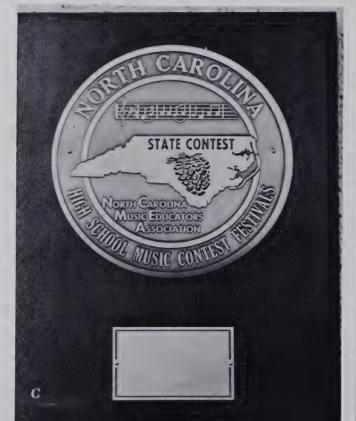


Students Marked For Achievements

Valdese High School completed another year and among its students were those who brought glory to their school, as well as to themselves in a variety of fields. Although all students are a credit to their school in some way, these persons deserve recognition for their outstanding qualities and achievements.

















Norma Lowman and Susan Garrou were chosen as Girl's State Delegates for 1974.

Ann Hammond, Anita Willis, Royce White, John Bounous, Elizabeth Guigou, Ellen Queen, Sandra Ballard, and Mark В. Franklin honored the Class of '74 as Junior Marshals.

This plaque can only half express how proud VHS was of its "superior" band,
Randy Fletcher led the Seniors as they streaked into VHS D.

Valerie Eckard received the DAR Good Citizenship Award and Scholarship for 1974.

Audrey Lail, Debbie Wallace, Mike Brittain, Karen Norris, Kay Browning, Robin Hamby, Cindy Arnold, Valerie Eckard, Randy Fletcher, Wayne Stephens, and Charleen Smith were named as Honor Students for their 3.75 averages.

John Bounous was selected to attend the 1974 Governor's School.

Robert Bonner and Douglas Reese were voted to attend and represent their school at the 1974 Boy's State.

Seniors End The Year Actively

The climax of twelve years of diligent study and endearing comradeship finally approached on a warm June night, at 8:00 p.m. at the Old

Colony amphitheater.

On Wednesday, June 5, seventynine seniors walked forward one last time together to represent the final graduation class in Valdese High School history. During the discourse six speakers, each representing the alumni of past Valdese High School graduating classes, encouraged and commended, warned and advised the 1974 Graduating Class as to their future years.

Eleven seniors were honored by their families and friends as each of them received a plaque denoting their outstanding achievements. Twelve other awards included: the Principal's Award, Class of 1974 Award, NHS Award, French Club Award, Anita Ghigo Music Award, Rotary Club Scholarships, Drama Club Scholarships, Drama Club Scholarship, Pilot Club Scholarships, Anchor Girl of the Year, VHS Faculty Awards, Pascal Medical Award, and Citizenship Awards.

With the changing of the tassels and the singing of the Alma Mater the Senior Class of 1974 took their places

in the silence of the past.









The Class of 1974 reflects on the past. Seniors practice for a Roman orgy.

Mr. Filby, Junior Martinat, operates the time machine which transports the class officers to the past.

Tommy Garrou, who portrays Merlin, conjures up a spell.

E. Guigou with mascots C. Carswell and C. Hudson leads the Class of '74 in commencement exercises.

With perfect form Greg Cannon and Chris Propst march to receive their diplomas.

Seniors head for the amphitheater and that long awaited moment.







The Senior Class Valdese High School requests the honour of your presence at the Commencement Exercises Wednesday evening, June fifth Nineteen hundred and seventy-four at eight o'clock Old Colony Amphitheater





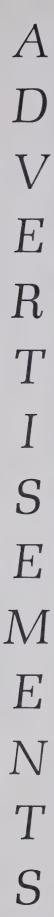
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SOPHOMORE CLASS OF 1974



FRESHMAN CLASS OF 1974





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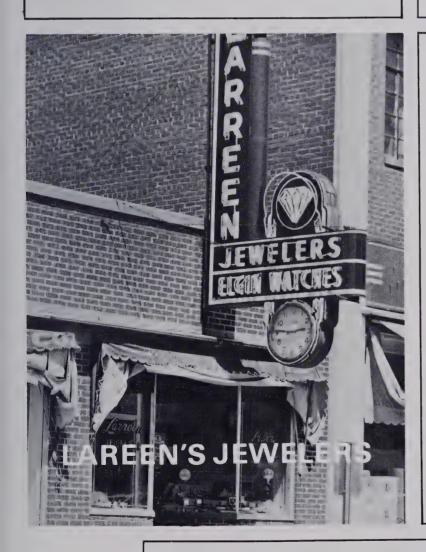
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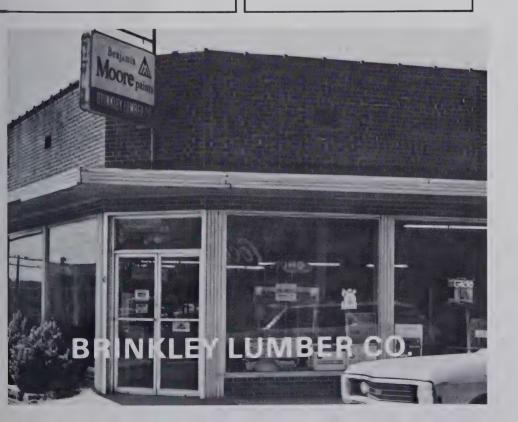
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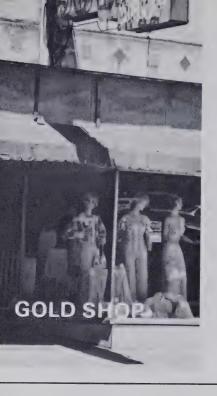
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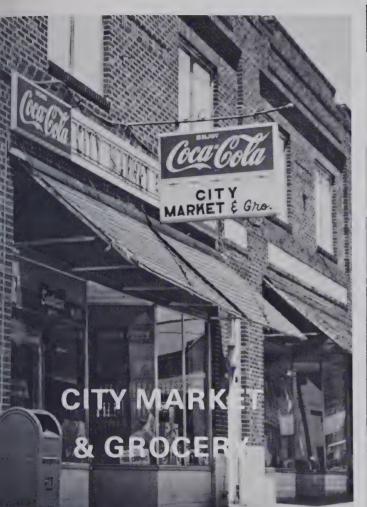
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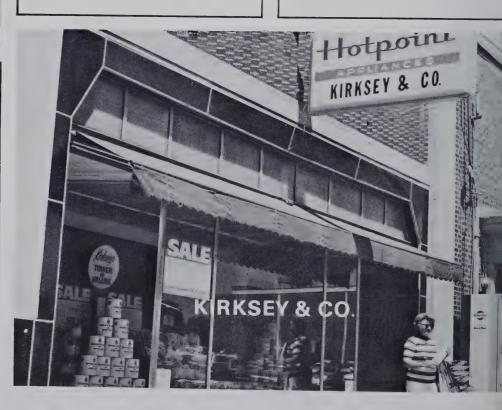
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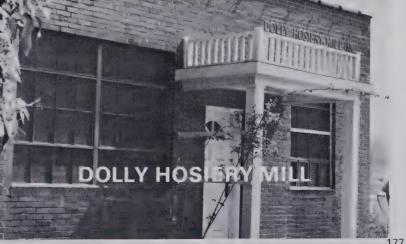
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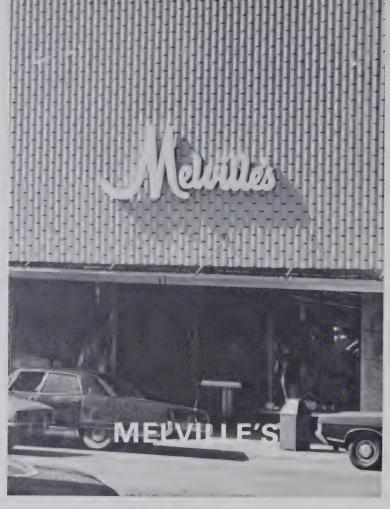
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Morganton, N.C.



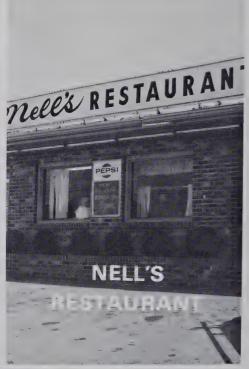
















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Epilogue

To all of the patrons who have supported us these past years, we wish to express our gratitude.

To all of the students and faculty who receive this book, we offer you our impressions of 1973-74.

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